How to…
Replace SPX Reformer Back End

Before you start, please make sure that the Vertical Frame and Pulley Posts have been removed

**NOTE:** This will require two people

**Removal**

1. Unscrew eight (8) machined self-tapping screws and remove end plates at the end of the rails. **SPX model only**

2. Slide out and remove carriage.
   - Detach all springs from gearbar
   - Carefully slide carriage out completely free of rails
   - Raise up the front end of carriage to have spring holder clear the cross tube
   - Turn carriage over, ensuring rollers are secure and do not come in contact with the floor

3. Loosen six (6) hex bolts (three per side) under aluminum rails.

4. Slide out and remove back support end.
NOTE: This will require two people

Replacement

1. Slide the back support end into the aluminum rails.
2. Align the edges of the bottom plates of the back end with edges of the aluminum rails.
3. Insert and tighten the six (6) hex bolts.
4. Clean the c-channels with a damp cloth before sliding the carriage into the rails.

TO PREVENT DAMAGE:
This requires two people. Ensure the molded spring holder on the carriage underside does not come in contact with any rails or cross-tubing.

- Align fixed rollers with c-channels, then adjust floating rollers as necessary before guiding carriage into rails
- Raise up the front end of carriage to have spring holder clear the cross tube

5. Replace the back plates by inserting and tightening the eight (8) machined self-tapping screws.