

Equipment & DVD Price Guide

Effective November 1, 2018 – British Pounds Sterling, includes VAT



Reformer Bundles

	CAT#	£
SPX® Max Reformer Bundle includes 1 each: SPX Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	ST-01080	2,975.00
SPX® Max Reformer* Bundle with Tall Box includes 1 each: SPX Max Reformer, Padded Platform Extender, Tall Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	ST-11049	2,975.00
SPX® Max Reformer* with Vertical Stand Bundle includes 1 each: SPX Max Reformer with Vertical Stand, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	ST-11032	3,162.00
SPX® Max Reformer (ONYX) with Vertical Stand Bundle Includes 1 each: SPX Max Reformer with Vertical Stand, High Precision Gearbar, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	NEW ST-11068	3,600.00
SPX® Max Reformer (ONYX) with Vertical Stand Bundle and Tall Box Includes 1 each: SPX Max Reformer with Vertical Stand, High Precision Gearbar, Padded Platform Extender, Reformer Box - Extra Tall, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	NEW ST-11076	3,600.00
SPX® Max Reformer with Tall Box Vertical Stand Bundle includes 1 each: SPX Max Reformer with Vertical Stand, Padded Platform Extender, Tall Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	ST-11054	3,162.00
SPX® Max Plus™ Reformer* Bundle includes 1 each: SPX Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , Level 1, 2nd Ed., <i>Essential Reformer</i> 3rd Ed.	ST-01081	5,299.00
SPX® Max Plus™ Reformer* Bundle with Tall Box includes 1 each: SPX Max Plus Reformer, Mat Converter, Padded Platform Extender, Tall Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , Level 1, 2nd Ed.	ST-11050	5,299.00
V2 Max™ Reformer™ Bundle includes 1 each: V2 Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	ST-01082	4,185.00
V2 Max Plus™ Reformer* Bundle includes 1 each: V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , Level 1, 2nd Ed., <i>Essential Reformer</i> 3rd Ed.	ST-01083	6,699.00
Rehab V2 Max™ Reformer Bundle includes 1 each: Rehab V2 Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD	ST-01084	4,650.00
Rehab V2 Max Plus™ Reformer Bundle includes 1 each: Rehab V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , Level 1, 2nd Ed., <i>Essential Reformer</i> 3rd Ed.	ST-01085	7,071.00

At Home Reformer Packages

	CAT#	£
At Home SPX® Reformer Package – black	ST-11010	2,603.00
At Home SPX® Reformer Package – blue includes 1 each: SPX Reformer, Padded Platform Extender, Reformer Box, Metal Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD, <i>At Home Reformer Workout</i> DVD	ST-11057	2,603.00
At Home SPX® Reformer with Props Bundle – black	ST-11008	2,791.00
At Home SPX® Reformer with Props Bundle – blue includes 1 each: SPX Reformer, Padded Platform Extender, Reformer Box, Metal Roll-Up Pole, Fitness Circle Lite, Mini Stability Ball, pair 2 lb Toning Balls, Non-Latex Flex-Band 3 Pack, <i>Essential Reformer</i> 3rd Ed. DVD, <i>At Home Reformer Workout</i> DVD, <i>Pilates with Props Vol. 1 & 2</i> DVDs	ST-11055	2,791.00
At Home Pro Reformer Bundle includes 1 each: At Home Pro Reformer, Padded Platform Extender, Reformer Box, Metal Roll-Up Pole, <i>Essential Reformer</i> 3rd Ed. DVD, <i>At Home Reformer Workout</i> DVD	ST-01087	4,185.00



Custom Colors

Available in 10 standard upholstery colors for no additional cost. For an additional cost, you can choose from 75 custom colors so your equipment reflects your style and space.



Reformers

	CAT#	£
Classic Reformers		
Rehab V2 Max™	ST-01073	4,464.00
Rehab V2 Max Plus™ [includes Vertical Frame]	ST-01069	6,792.00
SPX® Max	ST-01077	2,790.00
SPX® Max Plus™ [includes Vertical Frame]	ST-01076	5,022.00
V2 Max™ [formerly Professional]	ST-01071	3,999.00
V2 Max Plus™ [includes Vertical Frame]	ST-01067	6,458.00

Reformer Upgrades

Reformer Extension Upgrade – Rehab V2 Max	ST-02098	531.00
– SPX Max	ST-02094	433.00
– V2 Max	ST-02096	479.00
High-Precision Gearbar	ST-05109	242.00

Reformer Accessories

Cardio-Tramp® Rebounder – 24" [V2 Max™/Rehab V2 Max™]	ST-02067	340.00
Cardio-Tramp® Rebounder – 22" [SPX®/SPX® Max]	ST-02068	340.00
The Cross-Bow™	ST-02102	190.00
Jumpboard™ – 24" [V2 Max™/Rehab V2 Max™]	ST-02017	340.00
Jumpboard™ – 22" [SPX®/SPX® Max]	ST-01043	340.00
Jumpboard™ – 22" [At Home SPX®]	BLUE ST-06280	340.00
Jumpboard™ & The Cross-Bow™ Combo – 24" [V2 Max™/Rehab V2 Max™]	ST-02103	479.00
Jumpboard™ & The Cross-Bow™ Combo – 22" [SPX®/SPX® Max]	ST-02104	479.00
Padded Platform Extender – 24"	ST-02015	210.00
Padded Platform Extender – 22" [SPX MAX]	ST-02069	210.00
Padded Platform Extender – 22" [SPX HOME]	ST-02074	210.00
Mat Converter – 24" [V2 Max™/Rehab V2 Max™/Pro]	ST-02006	363.00
Mat Converter – Group SPX – 22"	ST-01029	363.00
Mat Converter – 22" [SPX® Max]	ST-02048	363.00
Mat Converter – 22" [At Home SPX®]	BLACK ST-02075	363.00
Mat Converter – 22" [At Home SPX®]	BLUE ST-06279	363.00
Reformer Box [with Footstrap] – Regular	ST-02000	255.00
Reformer Box [with Footstrap] – Extra Long	ST-02002	275.00
Reformer Box [with Footstrap] – Extra Tall	ST-02001	275.00
Reformer Rail and Roller Cleaning Kit	NEW ST-02222	4.00
Rolling Base – SPX	ST-02036	720.00
Roll-up Pole – Maple, 3/4 lb	ST-06008	20.00
Roll-up Pole – Metal, 2 lb	ST-06006	29.00
Roll-up Pole – Metal, 4 lb	ST-06007	29.00
Soft Footbar – 24" [V2 Max™/Rehab V2 Max™]	ST-02004	265.00
Soft Footbar – 22" [SPX®/SPX® Max]	ST-01040	265.00
Rotational Diskboard – 24" [V2 Max™/Rehab V2 Max™]	ST-02051	433.00
Rotational Diskboard – 22" [SPX®/SPX® Max]	ST-02054	433.00
Rotational Disks 12" for Rotational Diskboards [pair]	ST-06051	168.00
Vertical Frame – V2 Max and Rehab V2 Max	ST-02039	1,767.00
Vertical Frame – SPX Max	ST-02076	1,767.00
Vertical Frame – V2 Max Plus and Rehab V2 Max Plus	ST-02045	2,417.00
Vertical Frame, Max Plus – SPX Max Plus	ST-02047	2,417.00
Vertical Frame Receptacles – Pro/V2 Max [pre 4/1/2010]	ST-05081	93.00
Vinyasa Triangle™ – 24" [V2 Max™/Rehab V2 Max™]	ST-02111	275.00
Vinyasa Triangle™ – 22" [SPX®/SPX® Max]	ST-02112	275.00

Reformer Handles & Straps

Ankle Straps [pair]	ST-02019	73.00
Extension Straps – 24" [pair]	ST-02014	117.00
Extension Straps – 26" [pair]	ST-02174	126.00
Foam-Grip Handles [pair]	ST-02007	39.00
Long Spine Straps [pair]	ST-02008	39.00
Padded Long Spine Straps [pair]	ST-02016	63.00
Soft Reformer Loops [pair]	ST-02009	63.00
Soft Reformer Double Loop Straps [pair]	ST-02028	73.00

Reformer Replacement Parts

	CAT#	£
Cardio-Tramp Replacement Surface	ST-05065	93.00
Carriage Stopper	ST-06012	23.00
Comfort Footbar [single mount] – 24" [V2 Max™/Rehab V2 Max™]	ST-05082	145.00
[single mount] – 22" [SPX®/SPX® Max]	ST-05083	145.00
[double mount] – 24" [V2 Max™/Rehab V2 Max™]	ST-05084	145.00
[double mount] – 22" [SPX®/SPX® Max]	ST-05085	145.00
Double-Ended Swivel Spring Clip	ST-05073	4.50
Enhanced Reformer Spring – 125%	ST-05097	65.00
– 25%	ST-05054	65.00
Enhanced Spring Package – Traditional [4x100%, 1x50%]	ST-05057	298.00
– High-Precision [3x100%, 1x50%, 1x25%]	ST-05058	298.00
– Power Up [3x125%, 1x100%, 1x50%]	ST-05098	298.00
Max Plus Spring Package – Traditional [4x100%, 1x50%]	ST-05132	633.00
– High-Precision [3x100%, 1x50%, 1x25%]	ST-05133	633.00
– Power Up [3x125%, 1x100%, 1x50%]	ST-05134	633.00
Vertical Frame Spring Package	ST-05108	442.00
Fixed Rollers [pair]	ST-06013	38.00
Floating Rollers [pair]	ST-06014	42.00
Equipment Care Kit	NEW ST-02221	94.00
Gearbar – Traditional	ST-05112	46.50
High-Traction Reformer Feet [set of 4] [SPX]	ST-05079	19.00
w/ Wheels [set of 4] [V2 Max/Rehab]	ST-05087	116.00
Plastic Foot [Rehab/Pro/V2 Max] [pre-2013]	ST-05062	4.50
Pulley Post, Traditional – 24" [Pro/V2 Max]	ST-05076	29.00
– 24" [Rehab]	ST-05077	29.00
– 22" [SPX]	ST-05074	29.00
– 22" [SPX] CHROME	ST-05075	33.50
– 22" [SPX Retail]	ST-05137	29.00
– Sliding Pulley Block Assembly [Vertical Frame]	ST-05078	59.00
Quick-Set – 24" [V2 Max] [Apr 1, 2013]	ST-05106	29.00
– 24" [Rehab] [Apr 1, 2013]	ST-05107	29.00
Reformer Carriage with Retractable Rope System – 24"	ST-01061	1,599.00
Reformer Spring Cover [neoprene]	ST-05070	14.00
Set [neoprene]	ST-05071	63.00
Reformer Box Footstrap	ST-02018	43.00
Ropes – Traditional [pair]	ST-06016	63.00
– Traditional for Blue At Home SPX® [black] [pair]	ST-06289	63.00
– Retractable Rope System [pair]	ST-06042	73.00
Shoulder Rests [pair]	ST-02023	73.00
Spring Ball O-Ring Kit	ST-05110	2.75
Spring Holder, Molded	ST-05100	23.00
Metal	ST-05138	47.50
Spring Holder, Metal & Spring Sleeve Kit – 24"	ST-05139	95.00
Star Knob – 4-prong, 3/8"	ST-05050	5.50
– 4-prong, 1/2"	ST-05053	5.50
– 5-prong, 3/8" [Diskboard]	ST-05052	5.50
Universal Assembly Tool	ST-05096	5.50
Upholstery Set [Removable Shoulder Rests] with Spring Holder– 24"	ST-05116	480.00
– 22"	ST-05117	480.00
Upholstery Set [Fixed Shoulder Rests] with Spring Holder– 24"	ST-05120	480.00
– 22"	ST-05121	480.00

Stability Barre™

	CAT#	£
Stability Barre – 6'	GRAY ST-02113	512.00
	WHITE ST-02134	512.00
– 8'	GRAY ST-02114	560.00
	WHITE ST-02135	560.00
– 12'	GRAY ST-02169	945.00
	WHITE ST-02170	945.00
Parallel Stability Barres – 6'	GRAY ST-02167	1,417.00
	WHITE ST-02168	1,417.00
– 8'	GRAY ST-02206	1,522.00
	WHITE ST-02207	1,522.00
– 12'	GRAY ST-02171	2,362.00
	WHITE ST-02172	2,362.00
Stability Barre Connectors – aluminium clamps [pair]	GRAY ST-05113	240.00
	WHITE ST-05114	240.00
Wall-Mounted Stability Barre – 8'	WHITE ST-02211	368.00
Star Knob – 3-prong, 9/16"	ST-05122	5.50

Cadillac

	CAT#	£
Cadillac Trapeze Table	ST-01003	3,814.00
Cadillac Wall Unit	ST-01006	1,534.00
with Platform Mat	ST-01004	1,813.00

Cadillac Accessories

Fuzzy Hanging Straps [pair]	ST-02010	61.00
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Cadillac Replacement Parts

Bed Strap	ST-02196	61.00
Cadillac Spring Package	ST-05059	581.00
Enhanced Leg Spring [green] [pair]	ST-05124	117.00
Light Arm Spring [yellow] [pair]	ST-05125	97.50
Locking Spring Clip	ST-05064	4.50
Push-Thru Spring [blue] [pair]	ST-05126	103.00
Roll-Down Bar – with Eyehooks	ST-06025	38.00
– with Springs & Clips	ST-06018	149.00
Roll-Down Spring [black] [pair]	ST-05127	103.00
Safety Chain	ST-05095	9.50
Sliding Bar [vertically]	ST-05061	142.00
Spring Clip	ST-02020	5.00
Spring Cover, Vinyl	ST-06019	14.50
Star Knob, 4-prong, 3/8"	ST-05051	5.50
Trapeze Spring [red] [pair]	ST-05128	105.00
Trapeze Strap	ST-02181	72.50
Wall Unit Spring Package	ST-05118	479.00

Spring Wall™

	CAT#	£
Spring Wall	ST-01052	535.00
Spring Wall Spring Package	ST-05119	190.00

Barrels

	CAT#	£
Ladder Barrel	ST-01010	1,581.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DC-80330	1,627.00
Arc Barrel	ST-01012	247.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80327	285.00
Arc Barrel Deluxe [wood sides]	ST-01013	279.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80321	320.00
Spine Corrector	ST-01011	535.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80051	580.00
Spine Supporter	ST-01016	289.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80050	325.00
Stability Barrel™	ST-02218	420.00

Stability Chair™

	CAT#	£
Split-Pedal Stability Chair	ST-01017	1,255.00
– with Handles	ST-01018	1,488.00

Stability Chair Accessories

Handles [updater kit]	ST-06010	335.00
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Stability Chair Replacement Parts

Heavy Chair Spring [red] [pair]	ST-05129	105.00
Light Chair Spring [blue] [pair]	ST-05130	98.00
Stability Chair Spring Package	ST-05060	190.00
Star Knob – 4-prong, 3/8"	ST-05050	5.50
– 3-prong, 9/16"	ST-05122	5.50



Complete Studio Packages*

	CAT#	£
Complete Studio Package – V2 Max™ Plus*	ST-11036	35,358.00
includes 4 each: V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
Complete Studio Package – V2 Max™*	ST-11037	26,784.00
includes 4 each: V2 Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
Complete Studio Package – SPX* Max™ Plus*	ST-11038	30,969.00
includes 4 each: SPX Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
Complete Studio Package – SPX* Max™*	ST-11039	22,785.00
includes 4 each: SPX Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
Complete Studio Package – Stability Barre™* (grey)	ST-11042	4,185.00
includes 3 each: 6' Gray Parallel Stability Barre, 1 each: 6' Gray Stability Barre (instructor), 13 each: 12" Mini Stability Ball, 9 each: Regular-Strength Non-Latex Flex-Band, .75 kg Soft Dumbbells (pair), 4 each: Extra-Strength Non-Latex Flex-Band, .5 kg Soft Dumbbells (pair)		
Complete Studio Package - Stability Barre™* (white)	ST-11069	4,185.00
includes 3 each: 6' white Parallel Stability Barre, 1 each: 6' white Stability Barre (instructor), 13 each: 12" Mini Stability Ball, 9 each: Regular Strength Non-Latex Flex-Band, .75kg Soft Dumbbells (pair), 4 each: Extra Strength Non-Latex Flex-Band, .5kg Soft Dumbbells (pair)		

* Net price as shown. No further discounts apply.

Equipment Bundles

	CAT#	£
One-On-One Studio Bundle	ST-01090	9,579.00
includes 1 each: V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair with Handles, Arc Barrel, Ladder Barrel, 3 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> , <i>Essential & Intermediate Stability Chair</i>		
Enhanced One-On-One Studio Bundle	ST-01091	13,212.00
includes 1 each: Cadillac, V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair with Handles, Arc Barrel, Ladder Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
Pilates Rehab Studio 1 – Matwork & Reformer	ST-11001	7,719.00
includes 1 each: V2 Max Plus Rehab Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Jumpboard, Rotational Diskboard, Ankle Straps, Arc Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
Pilates Rehab Studio 2 – Cadillac, Chair & Barrel	ST-11002	7,257.00
includes 1 each: Cadillac Trapeze Table, Split-Pedal Stability Chair with Handles, Ladder Barrel, Spine Supporter, Spine Corrector, pair 12" Rotational Disks		
Rehab One-On-One Studio Bundle	ST-11045	10,000.00
includes 1 each: Rehab V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair, Ladder Barrel, Arc Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
Rehab Enhanced One-On-One Studio Bundle	ST-11046	13,206.00
includes 1 each: Rehab V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cadillac Trapeze Table, Split-Pedal Stability Chair, Ladder Barrel, Arc Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
Split-Pedal Stability Chair Bundle	ST-01089	1,860.00
includes 1 each: Split-Pedal Stability Chair with Handles, Reformer Box, Padded Platform Extender, <i>Essential & Intermediate Stability Chair</i> DVD, 2nd Ed., <i>Athletic Conditioning on the Stability Chair</i> DVD		
Ladder Barrel Bundle	ST-01088	1,767.00
includes 1 each: Ladder Barrel, Padded Platform Extender, Maple Roll-Up Pole, Gripper Mat, <i>Complete Barrel Repertoire</i> DVD		
Rehab Accessory Bundle	ST-06075	526.00
includes 4 each: 1lb Toning Ball; 2 each: Fitness Circle Lite, Foam Roller Deluxe, 65 cm Stability Ball, Flex-Band, Mini Stability Ball, Rotational Disks, Stability Cushion; 1 each: Foam Cushions A, B & C, Gripper Mat, Eco-Friendly Pilates Pad		
Studio Accessories Kit	ST-06146	255.00
includes 1 each: oam Cushions A, B & C, Gripper Mat, Foam Grip Handles (Pair); Soft Reformer Double Loop Straps (Pair); Ankle Straps (Pair)		
24" Reformer Accessory Collection* – V2 Max™/Rehab V2 Max™	ST-11040	930.00
includes 1 each: Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle		
22" Reformer Accessory Collection* – SPX™/SPX™ Max™	ST-11041	930.00
includes 1 each: Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle		
Pilates Essentials Kit	DC-85187	184.00
includes 1 each: fitness Circle Pro 14 inch (blue), Toning Ball Two-Pack - 2lbs, Stability Cushion - Small (green), Foam Roller Deluxe - 36 inch (purple), Mini Stability Ball - Small (blue), Flex-Band 2-pack (Regular & Extra-Strength), Eco-Friendly Pilates Pad		

*Net price as shown. No further discounts apply.

British Pounds Sterling. Prices include VAT. Prices subject to change without notice.

Light Equipment

	CAT#	£
Stability Cushion		
Stability Cushion 14" diameter	GREEN ST-06071	27.00
Stability Cushion 14" diameter – Retail Packaging	CHARCOAL ST-06235	31.50
Stability Cushion 20" diameter	BLUE ST-06110	40.50
Balance Pad		
Half Size [pair]	CHARCOAL ST-06244	67.00
Large [single]	CHARCOAL ST-06243	67.00
Bean Bag		
3 lb	ST-06001	57.00
BOSU® Balance Trainer		
BOSU Pro Balance Trainer – with pump	ST-06176	162.00
Gripper Mats, Pads & Foam Cushions		
Gripper Mat	NEW BLACK ST-02224	5.00
Scoliosis Pads (4-pack)	NEW ST-02225	171.00
Eco-Friendly Pilates Pad	BLUE ST-02101	23.00
Foam Cushion A	W 6" x L 9" x H 1" BLACK ST-06004	28.50
B	W 6" x L 9" x H 3" BLACK ST-06003	34.00
C	W 10" x L 13" x H 2-1/2" BLACK ST-06005	47.50
Oval Foam Cushion – Small	BLUE ST-06114	28.50
– Medium	BLUE ST-06113	38.00
Halo® Trainer Plus		
Halo Trainer Plus	ST-02208	107.00
– with Stability Ball & Pump	ST-02209	145.00
– with Stability Ball & Pump [retail]	ST-06205	145.00
– 6 pack*	ST-11047	707.00
Stability Ball, 55 cm	GRAY ST-06157	38.00
Halo® Trainer Plus 4		
Halo Trainer Plus 4	ST-02219	135.00
– with Stability Ball & Pump	ST-02223	168.00
– 6 pack*	ST-11066	824.00
Pilates Edge™		
Pilates Edge	ST-06044	242.00
– with <i>Essential & Intermediate Pilates Edge</i> DVDs	ENG/SP DC-80328	265.00
Rotational Disks		
10" [pair]	ST-06024	168.00
12" [pair]	ST-06002	168.00
19" [single]	ST-06039	145.00
Roll-Up Poles		
3/4 lb, Maple	ST-06008	20.00
2 lb, Metal	ST-06006	29.00
4 lb, Metal	ST-06007	29.00
Weighted Bar	ST-02115	34.00
Circles		
Fitness Circle® Resistance Ring		
Fitness Circle Pro, 12" diameter	BLACK ST-06023	63.00
with <i>Fitness Circle DVD Series, 3 DVDs</i>	ENG DV-80315	80.00
	PURPLE ST-02100	63.00
Fitness Circle Pro, 14" diameter	BLACK ST-06000	63.00
with <i>Fitness Circle DVD Series, 3 DVDs</i>	ENG DV-80316	80.00
	BLUE ST-02099	63.00
in Retail Wrap	BLUE ST-06090	63.00
Fitness Circle Lite, 14" diameter	BLACK ST-06031	33.00
in Retail Wrap	BLACK ST-06072	33.00
with <i>Fitness Circle DVD Series</i>	ENG DV-80318	60.00
Fitness Circle Lite Kit	ENG/FR DV-82115	42.00
includes 1 each: Fitness Circle Lite and <i>Fitness Circle Flow</i> DVD		
Fitness Circle Flex	BLUE ST-06189	19.00
	ORANGE ST-06190	19.00
Fitness Circle Toning Rings, 2 pack	LIME ST-06201	36.00
	RED ST-06227	36.00
Tensegri-Teach		
	CAT#	£
Tensegri-Teach 6-Dowel	WHITE ST-06281	28.50
Tensegri-Teach Pelvis	ST-06282	53.00

Mats

Platform Mat

	CAT#	£
Platform Mat	ST-01009	433.00
Split Platform Mat	ST-02021	433.00
Platform Mat with 2 Small Boxes	ST-01007	531.00
Bracketed Wooden Dowel System	ST-01005	184.00
Platform Mat Strap	ST-02181	72.50
Small Boxes [pair]	ST-06009	168.00

Deluxe Pilates Mat

Deluxe Pilates Mat	MIDNIGHT BLUE	ST-02176	75.00
	GRAPHITE	ST-02173	75.00
Deluxe Pilates Mat with Grommets	GRAPHITE	ST-02188	77.00
Hanger [for Mats with Grommets]	WOOD HANGER	ST-02190	50.00
	SILVER HANGER	ST-02210	50.00
6 pack, Mat with Grommets & Hanger	WOOD HANGER	ST-11033	450.00
	SILVER HANGER	ST-11051	450.00
Airex Coronella 200 Mat	TERRA BROWN	ST-02192	132.00
	GRAPHITE	ST-02070	132.00
Athletic Conditioning Mat XL (PER), 10 mm	TEAL NEW	ST-02216	75.00

Eco-Deluxe Mat™ for Pilates & Yoga

Eco-Deluxe Mat	BLUE/BLACK	ST-02079	84.00
with strap, in Retail Wrap	RASPBERRY/BLACK	ST-02082	90.00
	BLUE/BLACK	ST-02080	90.00

Eco-Friendly Mat™ for Pilates & Yoga

single color	BLACK	ST-02193	38.00
	EGGPLANT	ST-02194	38.00
	MONACO BLUE	ST-02195	38.00

Eco Mats for Kids

	PIXEL THE ROBOT, AQUA	ST-02200	27.00
	FUNKY MONKEYS, GREEN	ST-02201	27.00
	SUPER STARBRIGHT, RED	ST-02202	27.00
	FUNSHINE, ORANGE	ST-02203	27.00
	TRIPLE SUNDG, PURPLE	ST-02204	27.00
	BEE HAPPY, YELLOW	ST-02205	27.00
	ALIGNMENT, GREEN	ST-02214	27.00

Kids Mat & Bag Combo 1

includes 1 each: Kids Mat Bag, Bee Happy Eco Mat for Kids

RED BAG, YELLOW MAT DC-85190 51.00

Kids Mat & Bag Combo 2

includes 1 each: Kids Mat Bag, Pixel the Robot Eco Mat for Kids

ORANGE BAG, AQUA MAT DC-85191 51.00

Natural Rubber Mat

Supreme Traction Mat (black) ST-02198 95.00

Natural Rubber BLACK ST-02005 95.00

Natural Rubber & Jute Mat BLACK ST-02164 95.00

Pilates Express™ Mat

Pilates Express Mat DEEP VIOLET ST-02129 37.00

STONE ST-02128 37.00

SAPPHIRE ST-02141 37.00

CORE™ Express Mat BLACK ST-02154 37.00

– XL BLACK ST-02217 46.00

Pilates & Yoga Mat

Pilates for Beginners Kit, 2nd Edition GP-85136 45.00

includes 1 each: Pilates & Yoga Mat (teal), Flex-Band, regular-strength (green),

and 2 DVDs: *Basic Pilates 2nd Ed.*, *Total Body Sculpting*

Pilates & Yoga Mat INSPIRATION, TEAL ST-02197 28.50

MANDALA, BLUE ST-02185 28.50

ELEPHANT, GRAY ST-06261 28.50

AZTEC, PURPLE ST-06262 28.50

PINEAPPLES, GREEN ST-06275 28.50

ANCHOR, BLUE ST-06276 28.50

Pilates & Yoga Mat – XL GRAY / PURPLE ST-02212 38.00

GRAY / BLUE ST-02213 38.00

Yoga Mat

Hot Yoga Mat PURPLE ST-02089 40.00

GREEN ST-02090 40.00

Hot Yoga Plus™ Mat BLUE/GRAY ST-02091 51.00

Eco Yoga Mat MAROON/CHARCOAL ST-02199 57.00

Travel Mat

Folding Travel Mat (PER), 2 mm [retail] GRAY ST-06283 38.00

Bags & Straps

	CAT#	£
Mat Bags		
Pilates & Yoga Canvas Mat Bag	BLACK ST-06159	47.50
	RED ST-06160	47.50
	BLUE ST-06165	47.50
Mat Bag for Kids	ORANGE ST-06199	27.00
	RED ST-06200	27.00
	BLUE ST-06202	27.00

Mat Straps

Mat Strap, Sling	BLACK ST-06172	14.00
	NATURAL ST-06173	14.00
Deluxe Mat Strap	GRAY ST-06184	23.00
	WINE ST-06185	23.00
Mat Strap Plus	GRAY ST-06214	14.00

Racks

	CAT#	£
Stability Ball Rack (holds 9-12)	NEW ST-06255	184.00
Medicine Ball Rack (holds 10)	NEW ST-06256	132.00
Mat Hanger Rack (holds 8-10)	NEW ST-06268	156.00

Balls

	CAT#	£
Air Balance Ball™ 10" with pump	RED ST-06117	14.00
Fascia Hydration Balls, 3 pack	ST-06258	15.00

Medicine Ball

4 lb	PURPLE ST-06094	47.50
6 lb	BLUE ST-06095	53.00
8 lb	GREEN ST-06096	57.00
10 lb	RED ST-06097	61.00

Mini Stability Ball™ sold individually

Extra Small, 5"	RED ST-06215	12.00
Small, 7.5"	BLUE ST-06045	12.00
– in Retail Box	BLUE ST-06216	12.00
Medium, 10"	LIME ST-06115	12.00
– in Retail Box	LIME ST-06217	12.00
Large, 12"	ORANGE ST-06116	12.00
– in Retail Box	ORANGE ST-06218	12.00
7.5", solid foam, firm density	BLUE ST-06188	23.00
Mini Stability Ball™ Kit	ENG/FR GP-85111	22.50

includes 1 each: Mini Stability Ball and *Mini Stability Ball Workout DVD*

Stability Ball™

45 cm Stability Ball for Kids, with pump	LIME ST-06212	23.00
– in Retail Box	LIME ST-06224	23.00
55 cm Stability Ball with pump	BLUE ST-06034	37.50
	BLACK ST-06206	37.50
with <i>Stability Ball DVD Series</i>	ENG BLUE DV-80309	78.00
65 cm Stability Ball with pump	GREEN ST-06033	38.00
	SILVER ST-06207	38.00
with <i>Stability Ball DVD Series</i>	ENG GREEN DV-80310	79.00
75 cm Stability Ball with pump	PURPLE ST-06049	42.50
	GRAY ST-06208	42.50
with <i>Stability Ball DVD Series</i>	ENG PURPLE DC-80353	84.00
Stability Ball Pump	ST-06038	3.50
Stability Ball Base	BLACK ST-06223	23.00
Stability Ball (75 cm) with Base Bundle	DC-85217	85.00
Stability Ball Plus Kit includes 1 each: <i>Core Balance DVD</i> , Stability Ball and pump		
55 cm	ENG/FR DV-82306	40.50
65 cm	ENG/FR DV-82305	41.00
75 cm	ENG/FR GP-85120	45.00

Toning Ball™ sold individually

1 lb – 10 cm	PURPLE ST-06037	13.00
2 lb – 10 cm	BLUE ST-06035	14.00
2 lb – 10 cm	PINK ST-06047	14.00
3 lb – 10 cm	GREEN ST-06036	15.00
Toning Ball™ 2 pack with retail packaging		
1 lb – 10 cm	ORANGE ST-06052	27.00
2 lb – 10 cm	LEMON ST-06053	28.50

Toning Ball Kit	ENG/FR	DV-85113	37.50
includes 1 each: pair 1 lb Toning Balls and <i>Amazing Tone</i> DVD			
Twist Ball			
6 lb	PURPLE	ST-06234	67.00

Bands & Tubing

		CAT#	£
Flex-Band® Exerciser			
Flex-Band	REGULAR-STRENGTH, GREEN	ST-06021	6.00
	EXTRA-STRENGTH, BLUE	ST-06022	7.00
Non-Latex Flex-Band			
	LIGHT-STRENGTH, ORANGE	ST-06058	8.00
	REGULAR-STRENGTH, LEMON	ST-06059	9.00
	EXTRA-STRENGTH, LIME	ST-06060	10.00
Flex-Band Rolls, 24 m	REGULAR-STRENGTH, GREEN	ST-06170	77.00
	EXTRA-STRENGTH, BLUE	ST-06171	90.00
Non-Latex Flex-Band Rolls, 24 m	REGULAR-STRENGTH, LEMON	ST-06287	95.00
	EXTRA-STRENGTH, LIME	ST-06288	109.00
Flex-Band Handles [pair]	BLACK	ST-06043	16.00
Flex-Band 2 pack		ST-02033	14.00
includes 1 each: regular (green) & extra-strength (blue) Flex-Bands and bonus Easy Start poster			
Non-Latex Flex-Band 3 pack		GP-85134	32.50
includes 1 each: light (orange), regular (lemon) & extra-strength (lime) non-latex Flex-Bands and <i>Ultimate Body Sculpting</i> DVD			
Non-Latex Flex-Band 12 pack		MS-91436	114.00
includes 4 each: light (orange), regular (lemon) & extra-strength (lime) non-latex Flex-Bands in a counter display merchandiser			

Resistance Loop Band

Regular	RED	ST-06193	13.00
Light	YELLOW	ST-06284	13.00
Regular	GREEN NEW	ST-06292	13.00
Light	BLUE NEW	ST-06295	13.00

Strength Tubing™

Core	REGULAR-STRENGTH, RED	ST-06119	18.00
	EXTRA-STRENGTH, BLUE	ST-06120	19.00
Ankle – Small Cuff	LIGHT-STRENGTH, ORANGE	ST-06124	14.00
	REGULAR-STRENGTH, LEMON	ST-06125	15.00
	EXTRA-STRENGTH, LIME	ST-06126	16.00

Weights combined weight shown

		CAT#	£
Mini Handweights			
.5 kg / 1.1 lb [pair]	PINK	ST-06103	19.50
.75 kg / 1.65 lb [pair]	PURPLE	ST-06104	22.00
1 kg / 2.2 lb [pair]	GREEN	ST-06105	25.00
1.25 kg / 2.75 lb [pair]	BLUE	ST-06106	28.50
Soft Dumbbells			
.5 kg / 1.1 lb [pair]	ORANGE	ST-06107	19.50
.75 kg / 1.65 lb [pair]	LEMON	ST-06108	22.00
1 kg / 2.2 lb [pair]	LIME	ST-06109	25.00

Soft Kettlebells Plus

4 kg /10 lb [pair]	BLACK / RED	ST-06220	38.00
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Bottles

Stainless Steel Vacuum Bottle, 600 ml	BLACK	ST-06241	33.50
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Flex Disc®

Flex Disc®, Large with 1 pad	NEW	ST-06293	75.00
Flex Disc® Mini, set of 2 with 2 pads	NEW	ST-06294	94.00

Hoops

Weighted Exercise Hoop, 100 cm	1.2 kg/2.64 lb, ORANGE	ST-06154	38.00
90 cm, Junior	.75 kg/1.65 lb, GREEN	ST-06155	34.00

Kids

Flying Foam Disk, 2 pack	YELLOW / BLUE	ST-06191	19.00
	PURPLE / LIME	ST-06219	19.00
Play & Exercise Kit for Kids	PURPLE	GP-85137	40.50

Active Sitting

Balance & Therapy Wedge	BLACK	ST-06213	33.50
Balance & Therapy Wedge for Kids	PURPLE	ST-06226	28.50
Sitting Cushion	BLACK	ST-06242	28.50

Massage Accessories

		CAT#	£
acuBall®, Mini	BLUE	ST-06237	23.00
Large	BLUE	ST-06238	33.50
acuBack™	BLUE	ST-06239	40.50
acuPad®, set of 2	BLUE	ST-06240	61.00
Balance Dome, 2 pack	RED	ST-06192	19.00
Flex and Therapy Bar		ST-06270	23.00
Flex Massage Stick	GREEN/BLACK	ST-06183	23.00
Massage Ball, Small, 7 cm [pair]	RED	ST-06099	13.00
	GREEN	ST-06249	13.00
	YELLOW	ST-06251	13.00
Large, 10 cm [single]	RED	ST-06098	9.00
	GREEN	ST-06248	9.00
	YELLOW	ST-06250	9.00
Combo 2 pack – 1 each 7 cm, 10 cm	RED	ST-06233	13.00
Peanut Massage Ball, 2 pack	RED	ST-06195	19.00
Peanut Ball, Large with pump	RED	ST-06263	17.00
Total Body Roller	GREEN/BLACK	ST-06260	47.50
Twistable Massage Roller [pair]		ST-06264	23.00
Weighted Massage Roller, 2 pack (250 g/pc)	BLUE	ST-06181	19.00
NEEDLEROLLER™		ST-06290	47.50

Rollers

		CAT#	£
Fascia ReleaZer®	NEW	ST-06277	185.00
Deep ReleaZer®		ST-06269	41.00
Rollga® Genesis	SILVER	ST-06278	38.00
Inflatable Body Roller 35" with pump	BLUE	ST-06180	43.00

Massage Point Roller

15"	BLACK	ST-06161	47.50
24", Two-in-One	BLACK	ST-06162	67.00

Foam Roller™ Deluxe includes bonus Easy Start poster

36", Full	PURPLE	ST-06041	45.00
	with <i>Pilates on a Roll</i> DVD ENG	DV-80329	53.00
	BLACK	ST-06091	45.00
	ORANGE	ST-06177	45.00
	LIME GREEN	ST-06196	45.00
24", Medium	BLACK	ST-06092	38.00
	ORANGE	ST-06178	38.00
	LIME GREEN	ST-06197	38.00
18", Short	BLACK	ST-06093	34.00
	ORANGE	ST-06179	34.00
36", Half Round	PURPLE	ST-06070	35.00
Soft Density, 36", Full	BLUE	ST-06169	47.50
36", Half Round	BLUE	ST-06252	38.00
18", Short	BLUE	ST-06203	34.00

Sport Towels

		CAT#	£
Conditioning Towel	SAGE GREEN	ST-06136	19.00
	WINE	ST-06137	19.00
Microfiber Towel Deluxe, 26.5" X 72"	SAGE GREEN	ST-06135	38.00

Yoga Accessories

		CAT#	£
Yoga Block, 4" x 6" x 9"	GRAY	ST-06259	17.00
Yoga Block for Kids	GREEN	ST-06211	19.00
	ORANGE	ST-06225	19.00
Yoga Strap	BLACK	ST-06132	11.00

Agility Tools

		CAT#	£
Agility Disks, set of 24 w/ base	RED, YELLOW, BLUE, ORANGE	ST-06230	23.00
Agility Hoops, set of 12 w/ carry bag	RED, YELLOW, BLUE, ORANGE	ST-06232	28.50
Agility Ladder, w/ mesh carry bag	ORANGE	ST-06229	33.50
Collapsible Training Cones, set of 6	ORANGE	ST-06231	14.00
Reaction Ball, 2 pack	RED	ST-06222	11.00

Fascia

		CAT#	£
Fascia Movement Materials - Deluxe		DC-85215	400.00
Fascia Movement Materials - Essential		DC-85216	250.00

DVDs: STOTT PILATES® At Home

	CAT#	£
STOTT PILATES Workout System	ENG DV-82330	57.00
includes 1 each: regular (green) and extra-strength (blue) Flex-Band,		
4 DVDs: <i>Basic Pilates, 2nd Ed., Firm & Fit, Total Body Sculpting, The Secret to Flat Abs</i>		

Matwork-Based, Difficulty Level 1

<i>Basic Pilates 2nd ed. / Pilates de base</i>	ENG/FRE DV-84132	16.00
<i>The Secret to Flat Abs / Le secret pour avoir des abdominaux plats</i>	ENG/FRE DV-84075	16.00
<i>Pain-Free Posture</i>	ENG DV-80089	16.00
<i>Relaxation Workout</i>	ENG DV-81197	16.00
<i>Standing Tall</i>	ENG DV-81190	16.00
<i>Sunrise Workout / Séance matinale</i>	ENG/FRE DV-84095	10.00
<i>The Secret to Weight Loss – Vol. 1 / Le secret pour perdre du poids 1</i>	ENG/FRE DV-84108	16.00
<i>Walk On to Total / Marche vers la forme totale</i>	ENG/FRE DV-84111	16.00

Matwork-Based, Difficulty Level 2

<i>Firm & Fit / Ferme et en forme</i>	ENG/FRE DV-84076	16.00
<i>Power Paced Pilates / Pilates à allure puissante</i>	ENG/FRE DV-84107	16.00
<i>Revive Workout</i>	ENG DV-80096	16.00
<i>Simple Stretches</i>	ENG DV-80082	16.00
<i>The Secret to Toned Arms, Buns & Thighs / Le secret pour tonifier les bras, le postérieur, les cuisses</i>	ENG/FRE DV-84110	16.00
<i>The Secret to Weight Loss – Vol. 2 / Le secret pour perdre du poids 2</i>	ENG/FRE DV-84109	16.00
<i>Walk On to Weight Loss / Marche vers la perte de poids</i>	ENG/FRE DV-84112	16.00
<i>Morning Mobilizer for Strength & Agility</i>	ENG DV-81215	16.00
<i>Matwork Flow Conditioning Sequence Workout</i>	ENG DV-81229	16.00
<i>Basic Pilates, Vol. 2</i>	ENG DV-81230	16.00

Matwork-Based, Difficulty Level 3

<i>Core Challenge / Puissance au centre</i>	ENG/FRE DV-84177	16.00
<i>Pure Vitality</i>	ENG DV-81183	16.00
<i>Intense Body Blast: Pilates Interval Training, Level 1</i>	ENG DV-81217	16.00

Matwork-Based, Difficulty Level 4

<i>Body & Soul</i>	ENG DV-81184	16.00
<i>Strong & Streamlined / Fort et affiné</i>	ENG/FRE DV-84178	16.00
<i>Intense Body Blast: Pilates Interval Training, Level 2</i>	ENG DV-81218	16.00

Matwork-Based, Difficulty Level 5

<i>Intense Body Blast: Pilates Interval Training, Level 3</i>	ENG DV-81219	16.00
<i>Extreme Pilates: Strength & Agility on the Mat</i>	ENG DV-81238	16.00
<i>Weight Loss Circuit Training, Level 3</i>	ENG DV-81222	16.00

Matwork & Props, Difficulty Level 1

	CAT#	£
<i>Pilates with Props – Vol. 1 / Pilates avec accessoires 1</i>	ENG/FRE DV-84134	16.00
<i>The Secret to a Strong Back / Le secret pour un dos forte</i>	ENG/FRE DV-84121	16.00
<i>Pilates Towel Workout for Strength & Mobility</i>	ENG DV-81216	16.00

Matwork & Props, Difficulty Level 2

<i>Fitness Circle Flow / Enchaînements avec le Fitness Circle</i>	ENG/FRE DV-84115	10.00
<i>Mini Stability Ball Workout [formerly Mini Flex-Ball] / Entraînement avec le Mini Stability Ball</i>	ENG/FRE DV-84131	16.00
<i>Pilates with Props – Vol. 2 / Pilates avec accessoires 2</i>	ENG/FRE DV-84135	16.00
<i>Total Body Toning / Tonus total du corps</i>	ENG/FRE DV-84119	10.00
<i>Essential Matwork on Stability Cushions™</i>	ENG DV-81232	34.00

Matwork & Props, Difficulty Level 3

<i>Amazing Tone / Tonus formidable</i>	ENG/FRE DV-84113	16.00
<i>Core Balance / Balance au centre</i>	ENG/FRE DV-84191	10.00
<i>Dynamic Balance</i>	ENG DV-81192	16.00
<i>Essential BOSU</i>	ENG DV-81198	16.00
<i>Fitness Circle Challenge</i>	ENG DV-81181	16.00
<i>Foam Roller Challenge</i>	ENG/SPA DV-81143	16.00
<i>Matwork Flow with Weights</i>	ENG DV-81239	16.00
<i>Pilates for Men / Pilates pour hommes</i>	ENG/FRE DV-84137	16.00
<i>Pilates on a Roll</i>	ENG DV-81100	16.00
<i>Power Paced Fitness Circle / Fitness Circle énérgisant</i>	ENG/FRE DV-84118	16.00
<i>Precision & Control Pilates with the Fitness Circle®</i>	ENG DV-81236	16.00
<i>Strength & Endurance: Matwork with Props</i>	ENG DV-81234	16.00
<i>Toning Ball Workout</i>	ENG DV-81114	16.00
<i>Total Body Sculpting / Sculpture totale du corps</i>	ENG/FRE DV-84179	16.00
<i>Ultimate Body Sculpting / Sculpture ultime du corps</i>	ENG/FRE DV-84180	16.00
<i>Weight Loss Circuit Training with Props, Level 1</i>	ENG DV-81220	16.00

Matwork & Props, Difficulty Level 4

<i>3-D Balance</i>	ENG DV-81193	16.00
<i>Athletic Conditioning on Stability Cushions™</i>	ENG DV-81233	34.00
<i>Intermediate BOSU</i>	ENG DV-81199	16.00
<i>Intense Sculpting Challenge / Défi intensif : Sculpter</i>	ENG/FRE DV-84123	16.00
<i>Stability Ball Challenge / Défi sur ballon de Stabilité</i>	ENG/FRE DV-84133	16.00
<i>Strength & Agility: Pilates with the Medicine Ball</i>	ENG DV-81225	16.00
<i>Weight Loss Circuit Training with Props, Level 2</i>	ENG DV-81221	16.00

Matwork & Props, Difficulty Level 5

<i>Superior Balance [formerly Ultimate Balance]</i>	ENG DV-81194	16.00
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Equipment-Based, Difficulty Level 1

<i>At Home Reformer Workout / Entraînement sur Reformer au foyer</i>	ENG/FRE DV-84116	34.00
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Equipment-Based, Difficulty Level 2

	CAT#	£
<i>Pilates Reformer Challenge with Platform & Pole / Défi Reformer De Pilates avec Plateforme et Bâton</i>	ENG/FRE DV-84213	34.00
<i>Bounce & Burn Weight-Loss with Reformer & Cardio-Tramp™ / Bondir et Brûler Perte de Poids avec le Reformer et le Trampoline Cardio-Tramp</i>	ENG/FRE DV-84214	34.00
<i>Stability Barre™ Training, Level 1</i>	ENG DV-81256	34.00
<i>Stability Barre™ Training with Reformer & Cardio-Tramp™ Rebounder</i>	ENG DV-81250	34.00
<i>STOTT PILATES® on the Tower Trainer™</i>	ENG DV-81255	43.00

Equipment-Based, Difficulty Level 3

<i>Cardio & Core on the Mini-Tramp™ / Entraînement du centre et cardio sur le Mini-Tramp</i>	ENG/FRE DV-84136	16.00
<i>Intensive Reformer Challenge with Platform & Pole</i>	ENG DV-81246	34.00
<i>Pilates Reformer Challenge with Fitness Circle®</i>	ENG DV-81244	34.00
<i>Stability Barre™ Training, Level 2</i>	ENG DV-81262	34.00
<i>Strength & Conditioning on Jumpboard & Reformer</i>	ENG DV-81245	34.00
<i>Power & Agility: Reformer Intervals on the Cardio-Tramp™</i>	ENG DV-81247	34.00
<i>Athletic Conditioning on the Reformer, Level 3</i>	ENG DV-81248	34.00

Equipment-Based, Difficulty Level 4

<i>Arc Barrel Challenge: Flex & Extend</i>	ENG DV-81237	34.00
<i>Athletic Conditioning on the Cardio-Tramp™ Rebounder & Reformer</i>	ENG DV-81243	34.00
<i>Bounce & Tone: Jumping Intervals with Reformer Boards</i>	ENG DV-81242	34.00
<i>Athletic Conditioning on the Reformer, Level 4</i>	ENG DV-81249	34.00
<i>Athletic Conditioning on V2 Max Plus™ Reformer*, Level 2</i>	ENG DV-81252	47.50

Equipment-Based, Difficulty Level 5

<i>Athletic Conditioning on the Stability Chair™, Level 2</i>	ENG DV-81253	34.00
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Rehab & Specialty, Difficulty Level 1

<i>Armchair Pilates</i>	ENG DV-80086	16.00
<i>Armchair Pilates Plus</i>	ENG DV-80087	16.00
<i>Dynamic Armchair Pilates™ / Pilates dynamique sur chaise</i>	ENG/FRE DV-84120	16.00
<i>Fitness Fun: Pilates for Kids</i>	ENG DV-80085	16.00

<i>Pilates for Breast Cancer Rehabilitation / Pilates pour réhabilitation après un cancer du sein</i>	ENG/FRE DV-84122	16.00
<i>Prenatal Pilates on the Mat / Pilates Prénatal sur tapis</i>	ENG/FRE DV-84129	16.00
<i>Prenatal Pilates on the Ball / Pilates Prénatal sur le ballon</i>	ENG/FRE DV-84126	16.00
<i>Post-Natal Pilates / Pilates Postnatal</i>	ENG/FRE DV-84128	16.00
<i>Essential Warm Up & Conditioning for Golfers</i>	ENG DV-81231	16.00
<i>Armchair Pilates™ with Handweights</i>	ENG DV-81257	16.00

Rehab & Specialty, Difficulty Level 2

<i>Pilates on the Green – Level 1 / Pilates sur le vert, Niveau 1</i>	ENG/FRE DV-84124	16.00
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Rehab & Specialty, Difficulty Level 3

<i>Pilates on the Green – Level 2 / Pilates sur le vert, Niveau 2</i>	ENG/FRE DV-84125	16.00
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DVDs: CORE Athletic Conditioning & Performance Training

Mat-Based & Props, Difficulty Level 3

	CAT#	£
<i>Balance & Strength on the Stability Cushion™</i>	ENG DV-81226	34.00

Mat-Based & Props, Difficulty Level 4

<i>Athletic Conditioning with the Fitness Circle®</i>	ENG DV-81235	16.00
<i>Power & Stamina: Medicine Ball Interval Training, Vol 1</i>	ENG DV-81223	16.00

Mat-Based & Props, Difficulty Level 5

<i>Total Body Tone with Tubing: Lower Body & Core</i>	ENG DV-81228	16.00
<i>Total Body Tone with Tubing: Upper Body & Core</i>	ENG DV-81227	16.00
<i>Power & Stamina: Medicine Ball Interval Training, Vol 2</i>	ENG DV-81224	16.00

DVDs: ZEN•GA mindful movement

	CAT#	£
Mat-Based, Difficulty Level 2		
ZEN•GA™ FLOW	ENG DV-81258	16.00
Mat-Based & Props, Difficulty Level 1		
Mini Stability Ball™, Breathing & Muscular Release	ENG DV-81240	16.00
Mat-Based & Props, Difficulty Level 2		
ZEN•GA™ FLOW with the Mini Stability Ball™	ENG DV-81241	16.00
Mat-Based & Props, Difficulty Level 4		
ZEN•GA™ Power & Strength	ENG DV-81259	16.00
Equipment-Based, Difficulty Level 3		
V2 Vinyasa Yoga on the V2 Max Plus™ Reformer*, Level 1	ENG DV-81260	47.50
Equipment-Based, Difficulty Level 4		
V2 Vinyasa Yoga on the V2 Max Plus™ Reformer*, Level 2	ENG DV-81261	47.50

DVDs: STOTT PILATES® Professional Titles

	CAT#	£
Matwork Series		
Essential Matwork 3rd Ed.	SIX LANGUAGES DV-81147	43.00
Intermediate Matwork 3rd Ed.	SIX LANGUAGES DV-81148	43.00
Advanced Matwork 3rd Ed.	SIX LANGUAGES DV-81149	43.00
Buy the series and save	DV-81171	114.00
Reformer Series		
Essential Reformer 3rd Ed. – 2 Disc Set	SIX LANGUAGES DV-81152	47.50
Intermediate Reformer 2nd Ed. – 2 Disc Set	SIX LANGUAGES DV-81153	47.50
Advanced Reformer 2nd Ed.	SIX LANGUAGES DV-81154	47.50
Buy the series and save	DV-81172	126.00
Reformer Workout for Men	ENG/SPA DV-81167	34.00
Group Reformer Workout	ENG DV-81117	34.00
V2 Max Plus™ Reformer* Series		
V2 Max Plus Programming	SIX LANGUAGES DV-81168	47.50
Athletic Conditioning on V2 Max Plus™ Reformer*, Level 1, 2nd Ed.	ENG DV-81251	47.50
Cadillac Series		
Essential Cadillac 2nd Ed.	SIX LANGUAGES DV-81139	47.50
Intermediate Cadillac 2nd Ed.	SIX LANGUAGES DV-81140	47.50
Advanced Cadillac 2nd Ed.	SIX LANGUAGES DV-81141	47.50
Buy the series and save	DV-81174	132.00
Stability Chair™ Series		
Essential & Intermediate Stability Chair 2nd Ed.	SIX LANGUAGES DV-81160	77.00
Advanced Stability Chair	SIX LANGUAGES DV-81161	47.50
Buy the series and save	DV-81201	114.00
Group Stability Chair	ENG/SPA DV-81162	34.00
Barrel Series		
Complete Barrel Repertoire 2nd Ed.	SIX LANGUAGES DV-81138	95.00
Post-Rehabilitation Series	CAT#	£
Spinal, Pelvic & Scapular Stabilization: on Equipment	ENG/SPA DV-81155	57.00
Spinal, Pelvic & Scapular Stabilization: on Reformer with Vertical Frame	ENG/SPA DV-81156	57.00
Peripheral Joint Stabilization: on Equipment	ENG/SPA DV-81157	57.00
Peripheral Joint Stabilization: on Reformer with Vertical Frame	ENG/SPA DV-81158	57.00
Buy the series and save	DV-80033	185.00
Back Care Repertoire	ENG DV-81145	57.00
Cancer Rehab Series		
Breast Cancer Rehab on Equipment	ENG/SPA DV-81142	47.50
Golf Series		
Golf Conditioning on the Reformer	ENG/SPA DV-81144	34.00
Pilates Edge™ Series		
Essential Pilates Edge	ENG/SPA DV-81150	34.00
Intermediate Pilates Edge	ENG/SPA DV-81151	34.00
Pre/Post-Natal Series		
Prenatal Pilates on Equipment	ENG/SPA DV-81146	34.00
Spring Wall™ Series		
Pilates Off the Wall	ENG/SPA DV-81159	34.00
Strength & Agility Series		
Athletic Conditioning on the Pilates Edge	ENG/SPA DV-81166	34.00
Athletic Conditioning on the Reformer	ENG/SPA DV-81164	34.00

Athletic Conditioning on the Stability Chair	ENG/SPA DV-81163	34.00
Jumpboard Interval Training	ENG/SPA DV-81165	34.00
Rotational Disks	ENG/SPA DV-81170	34.00

Multilingual DVDs: Where indicated as SIX LANGUAGES, DVDs include soundtrack in ENGLISH, FRENCH, SPANISH, ITALIAN, PORTUGUESE & GERMAN.



Apparel*

	CAT#	£
Medallion Crop Legging with pockets [black]	XS AP-60048	88.00
	S AP-60049	88.00
	M AP-60050	88.00
	L AP-60051	88.00
Signature Crop Legging with pockets [black]	XL AP-60052	88.00
	XS AP-60053	88.00
	S AP-60054	88.00
	M AP-60055	88.00
Medallion Crop Legging [gray stripe]	L AP-60056	88.00
	XL AP-60057	88.00
	XS AP-60058	88.00
	S AP-60059	88.00
Active Tank [pink]	M AP-60060	88.00
	L AP-60061	88.00
	XL AP-60062	88.00
	XS AP-60063	23.00
Active Tank [purple]	S AP-60064	23.00
	M AP-60065	23.00
	L AP-60066	23.00
	XL AP-60067	23.00
Messenger Leggings	XS AP-60068	23.00
	S AP-60069	23.00
	M AP-60070	23.00
	L AP-60071	23.00
Signature Jackets	XL AP-60072	23.00
	XS AP-60038	94.00
	S AP-60039	94.00
	M AP-60040	94.00
Signature Jackets	L AP-60041	94.00
	XL AP-60042	94.00
	XS AP-60043	109.00
	S AP-60044	109.00
Signature Jackets	M AP-60045	109.00
	L AP-60046	109.00
	XL AP-60047	109.00

* Unless prearranged, Buyer is responsible for payment of all import duties (minimum 12% of the value of goods, including VAT) plus local taxes and customs and brokerage fees levied when a shipment reaches its destination country. Buyer is considered the importer and must comply with all laws and regulations of the country in which Buyer is receiving the goods.

Boxed DVD Sets – STOTT PILATES® At Home

	CAT#	£
Two-Packs		
Pilates for Golf 2 DVD Set includes: <i>Pilates on the Green, Levels 1 & 2</i>	DV-81209	24.00
Pilates-Infused® Yoga 2 DVD Set includes: <i>Pure Vitality, Body & Soul</i>	DV-81210	24.00
Pilates on the Stability Ball® 2 DVD Set includes: <i>Dynamic Balance, 3-D Balance</i>	DV-81212	24.00
Prenatal Pilates 2 DVD Set includes: <i>Prenatal Pilates on the Mat, Prenatal Pilates on the Ball</i>	DV-81211	24.00
Strong & Healthy Back 2 DVD Set includes: <i>Standing Tall, The Secret to a Strong Back</i>	DV-81208	24.00
Walking for Your Heart 2 DVD Set includes: <i>Walk on to Total Fitness, Walk on to Weight Loss</i>	DV-81207	24.00

	CAT#	£
Three-Packs		
Express Series 3 DVD Set includes: <i>Basic Pilates, 2nd Ed., Sunrise Workout, Revive Workout</i>	DV-81204	34.00
Intense Body Blast 3 DVD Set includes: <i>Intense Body Blast, Levels 1, 2 & 3</i>	DV-81213	34.00
Power Paced Pilates 3 DVD Set includes: <i>Power Paced Pilates, Core Challenge, The Secret to Flat Abs</i>	DV-81205	34.00
Pre/Post-Natal 3 DVD Set includes: <i>Prenatal Pilates on the Mat, Prenatal Pilates on the Ball, Post-Natal Pilates</i>	DV-81206	34.00
Weight Loss 3 DVD Set includes: <i>Walk On to Weight Loss, The Secret to Weight Loss, Volumes 1 & 2</i>	DV-81203	34.00

DVDs are Region Code 0 and play worldwide.

Music CDs

<i>Energize</i>	CD-09502	10.00
<i>Rejuvenate</i>	CD-09501	10.00



2200 Yonge Street, Suite 500, Toronto, Ontario, Canada M4S 2C6
416.482.4050 | 1.800.910.0001 | 0800 328 5676 (UK)
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