



## Reformer Bundles

	CAT#	CDNS
<b>SPX® Max Reformer Bundle</b> includes 1 each: SPX Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD	ST-01080	3,999.00
<b>SPX® Max Reformer* Bundle with Tall Box</b> includes 1 each: SPX Max Reformer, Padded Platform Extender, Tall Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD	ST-11049	3,999.00
<b>SPX® Max Reformer* with Vertical Stand Bundle</b> includes 1 each: SPX Max Reformer with Vertical Stand, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD	ST-11032	4,249.00
<b>SPX® Max Reformer with Tall Box Vertical Stand Bundle</b> includes 1 each: SPX Max Reformer with Vertical Stand, Padded Platform Extender, Tall Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD	ST-11054	4,249.00
<b>SPX® Max Plus™ Reformer* Bundle</b> includes 1 each: SPX Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , <i>Level 1</i> , 2nd Ed., <i>Essential Reformer 3rd Ed.</i>	ST-01081	7,124.00
<b>SPX® Max Plus™ Reformer* Bundle with Tall Box</b> includes 1 each: SPX Max Plus Reformer, Mat Converter, Padded Platform Extender, Tall Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Essential Reformer 3rd Ed.</i> , <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , <i>Level 1</i> , 2nd Ed.	ST-11050	7,124.00
<b>V2 Max™ Reformer™ Bundle</b> includes 1 each: V2 Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD	ST-01082	5,625.00
<b>V2 Max Plus™ Reformer* Bundle</b> includes 1 each: V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , <i>Level 1</i> , 2nd Ed., <i>Essential Reformer 3rd Ed.</i>	ST-01083	8,999.00
<b>Rehab V2 Max™ Reformer Bundle</b> includes 1 each: Rehab V2 Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD	ST-01084	6,299.00
<b>Rehab V2 Max Plus™ Reformer Bundle</b> includes 1 each: Rehab V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, 2 DVDs: <i>Athletic Conditioning on V2 Max Plus™ Reformer*</i> , <i>Level 1</i> , 2nd Ed., <i>Essential Reformer 3rd Ed.</i>	ST-01085	9,499.00

## At Home Reformer Packages

	CAT#	CDNS
<b>At Home SPX® Reformer Package – black</b>	ST-11010	3,499.00
<b>At Home SPX® Reformer Package – blue</b> includes 1 each: SPX Reformer, Padded Platform Extender, Reformer Box, Metal Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD, <i>At Home Reformer Workout</i> DVD	ST-11057	3,499.00
<b>At Home SPX® Reformer with Props Bundle – black</b>	ST-11008	3,749.00
<b>At Home SPX® Reformer with Props Bundle – blue</b> includes 1 each: SPX Reformer, Padded Platform Extender, Reformer Box, Metal Roll-Up Pole, Fitness Circle Lite, Mini Stability Ball, pair 2 lb Toning Balls, Non-Latex Flex-Band 3 Pack, <i>Essential Reformer 3rd Ed.</i> DVD, <i>At Home Reformer Workout</i> DVD, <i>Pilates with Props Vol. 1 &amp; 2</i> DVDs	ST-11055	3,749.00
<b>At Home Pro Reformer Bundle</b> includes 1 each: At Home Pro Reformer, Padded Platform Extender, Reformer Box, Metal Roll-Up Pole, <i>Essential Reformer 3rd Ed.</i> DVD, <i>At Home Reformer Workout</i> DVD	ST-01087	5,625.00



**Custom Colors** Available in 10 standard upholstery colors for no additional cost. For an additional cost, you can choose from 75 custom colors so your equipment reflects your style and space.



## Reformers

	CAT#	CDNS
<b>Classic Reformers</b>		
Rehab V2 Max™	ST-01073	5,999.00
Rehab V2 Max Plus™ [includes Vertical Frame]	ST-01069	9,099.00
SPX® Max	ST-01077	3,749.00
SPX® Max Plus™ [includes Vertical Frame]	ST-01076	6,749.00
V2 Max™ [formerly Professional]	ST-01071	5,374.00
V2 Max Plus™ [includes Vertical Frame]	ST-01067	8,624.00

## Reformer Upgrades

Reformer Extension Upgrade – Rehab V2 Max	ST-02098	713.00
– SPX Max	ST-02094	580.00
– V2 Max	ST-02096	644.00
High-Precision Gearbar	ST-05109	325.00

## Reformer Accessories

Cardio-Tramp® Rebounder – 24" [V2 Max™/Rehab V2 Max™]	ST-02067	456.00
Cardio-Tramp® Rebounder – 22" [SPX®/SPX® Max]	ST-02068	456.00
The Cross-Bow™	ST-02102	255.00
Jumpboard™ – 24" [V2 Max™/Rehab V2 Max™]	ST-02017	456.00
Jumpboard™ – 22" [SPX®/SPX® Max]	ST-01043	456.00
Jumpboard™ – 22" [At Home SPX®]	BLUE ST-06280	456.00
Jumpboard™ & The Cross-Bow™ Combo – 24" [V2 Max™/Rehab V2 Max™]	ST-02103	644.00
Jumpboard™ & The Cross-Bow™ Combo – 22" [SPX®/SPX® Max]	ST-02104	644.00
Padded Platform Extender – 24"	ST-02015	285.00
Padded Platform Extender – 22" [SPX MAX]	ST-02069	285.00
Padded Platform Extender – 22" [SPX HOME]	ST-02074	285.00
Mat Converter – 24" [V2 Max™/Rehab V2 Max™/Pro]	ST-02006	488.00
Mat Converter – Group SPX – 22"	ST-01029	488.00
Mat Converter – 22" [SPX® Max]	ST-02048	488.00
Mat Converter – 22" [At Home SPX®]	BLACK ST-02075	488.00
Mat Converter – 22" [At Home SPX®]	BLUE ST-06279	488.00
Reformer Box [with Footstrap] – Regular	ST-02000	345.00
Reformer Box [with Footstrap] – Extra Long	ST-02002	375.00
Reformer Box [with Footstrap] – Extra Tall	ST-02001	375.00
Rolling Base – SPX	ST-02036	965.00
Roll-up Pole – Maple, 3/4 lb	ST-06008	26.00
Roll-up Pole – Metal, 2 lb	ST-06006	39.00
Roll-up Pole – Metal, 4 lb	ST-06007	39.00
Soft Footbar – 24" [V2 Max™/Rehab V2 Max™]	ST-02004	355.00
Soft Footbar – 22" [SPX®/SPX® Max]	ST-01040	355.00
Rotational Diskboard – 24" [V2 Max™/Rehab V2 Max™]	ST-02051	580.00
Rotational Diskboard – 22" [SPX®/SPX® Max]	ST-02054	580.00
Rotational Disks 12" for Rotational Diskboards [pair]	ST-06051	225.00
Vertical Frame – V2 Max	ST-02039	2,374.00
Vertical Frame – Rehab V2 Max	ST-02012	2,374.00
Vertical Frame – SPX Max	ST-02076	2,374.00
Vertical Frame, Max Plus – V2 Max Plus	ST-02045	3,249.00
Vertical Frame, Max Plus – Rehab V2 Max Plus	ST-02046	3,249.00
Vertical Frame, Max Plus – SPX Max Plus	ST-02047	3,249.00
Vertical Frame Receptacles – Pro/V2 Max [pre 4/1/2010]	ST-05081	125.00
Vinyasa Triangle™ – 24" [V2 Max™/Rehab V2 Max™]	ST-02111	375.00
Vinyasa Triangle™ – 22" [SPX®/SPX® Max]	ST-02112	375.00

## Reformer Handles & Straps

Ankle Straps [pair]	ST-02019	97.50
Extension Straps – 24" [pair]	ST-02014	155.00
Extension Straps – 26" [pair]	ST-02174	170.00
Foam-Grip Handles [pair]	ST-02007	51.00
Long Spine Straps [pair]	ST-02008	51.00
Padded Long Spine Straps [pair]	ST-02016	84.00
Soft Reformer Loops [pair]	ST-02009	84.00
Soft Reformer Double Loop Straps [pair]	ST-02028	97.50

## Reformer Replacement Parts

	CAT#	CDNS
Cardio-Tramp Replacement Surface	ST-05065	125.00
Carriage Stopper	ST-06012	31.00
Comfort Footbar [single mount] – 24" [V2 Max™/Rehab V2 Max™]	ST-05082	195.00
[single mount] – 22" [SPX®/SPX® Max]	ST-05083	195.00
[double mount] – 24" [V2 Max™/Rehab V2 Max™]	ST-05084	195.00
[double mount] – 22" [SPX®/SPX® Max]	ST-05085	195.00
Double-Ended Swivel Spring Clip	ST-05073	6.25
Enhanced Reformer Spring – 125%	ST-05097	87.50
– 25%	ST-05054	87.50
Enhanced Spring Package – Traditional [4x100%, 1x50%]	ST-05057	400.00
– High-Precision [3x100%, 1x50%, 1x25%]	ST-05058	400.00
– Power Up [3x125%, 1x100%, 1x50%]	ST-05098	400.00
Max Plus Spring Package – Traditional [4x100%, 1x50%]	ST-05132	850.00
– High-Precision [3x100%, 1x50%, 1x25%]	ST-05133	850.00
– Power Up [3x125%, 1x100%, 1x50%]	ST-05134	850.00
Vertical Frame Spring Package	ST-05108	594.00
Fixed Rollers [pair]	ST-06013	50.00
Floating Rollers [pair]	ST-06014	55.00
Gearbar – Traditional	ST-05112	63.00
High-Traction Reformer Feet [set of 4] [SPX]	ST-05079	25.00
w/ Wheels [set of 4] [V2 Max/Rehab]	ST-05087	155.00
Plastic Foot [Rehab/Pro/V2 Max] [pre-2013]	ST-05062	6.25
Pulley Post, Traditional – 24" [Pro/V2 Max]	ST-05076	38.00
– 24" [Rehab]	ST-05077	38.00
– 22" [SPX]	ST-05074	38.00
– 22" [SPX] CHROME	ST-05075	45.00
– 22" [SPX Retail]	ST-05137	38.00
– Sliding Pulley Block Assembly [Vertical Frame]	ST-05078	79.00
Quick-Set – 24" [V2 Max] [Apr 1, 2013]	ST-05106	38.00
– 24" [Rehab] [Apr 1, 2013]	ST-05107	38.00
Reformer Carriage with Retractable Rope System – 24"	ST-01061	2,249.00
Reformer Spring Cover [neoprene]	ST-05070	18.50
Set [neoprene]	ST-05071	80.00
Reformer Box Footstrap	ST-02018	57.00
Ropes – Traditional [pair]	ST-06016	84.00
– Traditional for Blue At Home SPX® [black] [pair]	ST-06289	84.00
– Retractable Rope System [pair]	ST-06042	97.50
Shoulder Rests [pair]	ST-02023	97.50
Shoulder Rests – At Home SPX® [blue] [pair]	ST-05140	97.50
Spring Ball O-Ring Kit	ST-05110	3.75
Spring Holder, Molded	ST-05100	32.00
Metal	ST-05138	65.00
Spring Holder, Metal & Spring Sleeve Kit – 24"	ST-05139	125.00
Star Knob – 4-prong, 3/8"	ST-05050	7.50
– 4-prong, 1/2"	ST-05053	7.50
– 5-prong, 3/8" [Diskboard]	ST-05052	7.50
Universal Assembly Tool	ST-05096	7.50
Upholstery Set [Removable Shoulder Rests] – 24"	ST-05116	520.00
– 22"	ST-05117	520.00
Upholstery Set [Fixed Shoulder Rests] – 24"	ST-05120	520.00
– 22"	ST-05121	520.00

## Stability Barre™

	CAT#	CDNS
Stability Barre – 6'	GRAY ST-02113	700.00
	WHITE ST-02134	700.00
– 8'	GRAY ST-02114	750.00
	WHITE ST-02135	750.00
– 12'	GRAY ST-02169	1,249.00
	WHITE ST-02170	1,249.00
Parallel Stability Barres – 6'	GRAY ST-02167	1,899.00
	WHITE ST-02168	1,899.00
– 8'	GRAY ST-02206	1,999.00
	WHITE ST-02207	1,999.00
– 12'	GRAY ST-02171	3,099.00
	WHITE ST-02172	3,099.00
Stability Barre Connectors – aluminium clamps [pair]	GRAY ST-05113	325.00
	WHITE ST-05114	325.00
Wall-Mounted Stability Barre – 8'	WHITE ST-02211	499.00
Star Knob – 3-prong, 9/16"	ST-05122	7.50

## Cadillac

	CAT#	CDNS
Cadillac Trapeze Table	ST-01003	5,124.00
Cadillac Wall Unit	ST-01006	2,061.00
with Platform Mat	ST-01004	2,436.00

## Cadillac Accessories

Fuzzy Hanging Straps [pair]	ST-02010	80.00
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## Cadillac Replacement Parts

Bed Strap	ST-02196	84.00
Cadillac Spring Package	ST-05059	780.00
Enhanced Leg Spring [green] [pair]	ST-05124	155.00
Light Arm Spring [yellow] [pair]	ST-05125	131.00
Locking Spring Clip	ST-05064	6.25
Push-Thru Spring [blue] [pair]	ST-05126	138.00
Roll-Down Bar – with Eyehooks	ST-06025	50.00
– with Springs & Clips	ST-06018	200.00
Roll-Down Spring [black] [pair]	ST-05127	138.00
Safety Chain	ST-05095	12.50
Sliding Bar [vertically]	ST-05061	185.00
Spring Clip	ST-02020	6.25
Spring Cover, Vinyl	ST-06019	19.50
Star Knob, 4-prong, 3/8"	ST-05051	7.50
Trapeze Spring [red] [pair]	ST-05128	144.00
Trapeze Strap	ST-02181	97.50
Wall Unit Spring Package	ST-05118	644.00

## Spring Wall™

	CAT#	CDNS
Spring Wall	ST-01052	719.00
Spring Wall Spring Package	ST-05119	255.00

## Barrels

	CAT#	CDNS
Ladder Barrel	ST-01010	2,124.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DC-80330	2,188.99
Arc Barrel	ST-01012	331.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80327	399.99
Arc Barrel Deluxe [wood sides]	ST-01013	375.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80321	449.99
Spine Corrector	ST-01011	719.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80051	769.99
Spine Supporter	ST-01016	388.00
with Complete Barrel Repertoire DVD	SIX LANGUAGES DV-80050	459.99
Stability Barrel™	ST-02218	575.00
Nesting Stability Barrels™, Foam (Coming soon)	<b>NEW</b> ST-02230	188.00

## Stability Chair™

	CAT#	CDNS
Split-Pedal Stability Chair	ST-01017	1,685.00
– with Handles	ST-01018	1,999.00

## Stability Chair Accessories

Handles [updater kit]	ST-06010	450.00
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## Stability Chair Replacement Parts

Heavy Chair Spring [red] [pair]	ST-05129	144.00
Light Chair Spring [blue] [pair]	ST-05130	130.00
Stability Chair Spring Package	ST-05060	255.00
Star Knob – 4-prong, 3/8"	ST-05050	7.50
– 3-prong, 9/16"	ST-05122	7.50



## Complete Studio Packages\*

	CAT#	CDNS
<b>Complete Studio Package – V2 Max™ Plus*</b>	<b>ST-11036</b>	<b>47,499.00</b>
includes 4 each: V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
<b>Complete Studio Package – V2 Max™**</b>	<b>ST-11037</b>	<b>35,999.00</b>
includes 4 each: V2 Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
<b>Complete Studio Package – SPX* Max™ Plus*</b>	<b>ST-11038</b>	<b>41,599.00</b>
includes 4 each: SPX Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
<b>Complete Studio Package – SPX* Max™*</b>	<b>ST-11039</b>	<b>30,599.00</b>
includes 4 each: SPX Max Reformer, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle, Arc Barrel, <i>Essential Reformer</i> 3rd Ed. DVD, <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> DVD 2 each: Split-Pedal Stability Chairs with Handles 1 each: Rotational Diskboard, 12" Rotational Disks (pair), Cadillac, Ladder Barrel, Spine Corrector		
<b>Complete Studio Package – Stability Barre™* [gray]</b>	<b>ST-11042</b>	<b>5,625.00</b>
includes 3 each: 6' Gray Parallel Stability Barre, 1 each: 6' Gray Stability Barre (instructor), 13 each: 12" Mini Stability Ball, 9 each: Regular-Strength Non-Latex Flex-Band, .75 kg Soft Dumbbells (pair), 4 each: Extra-Strength Non-Latex Flex-Band, .5 kg Soft Dumbbells (pair)		
<b>Complete Studio Package - Stability Barre™* [white]</b>	<b>ST-11069</b>	<b>5,625.00</b>
includes 3 each: 6' white Parallel Stability Barre, 1 each: 6' white Stability Barre (instructor), 13 each: 12" Mini Stability Ball, 9 each: Regular Strength Non-Latex Flex-Band, .75kg Soft Dumbbells (pair), 4 each: Extra Strength Non-Latex Flex-Band, .5kg Soft Dumbbells (pair)		

## Equipment Bundles

	CAT#	CDNS
<b>One-On-One Studio Bundle</b>	<b>ST-01090</b>	<b>12,999.00</b>
includes 1 each: V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair with Handles, Arc Barrel, Ladder Barrel, 3 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i> , <i>Essential &amp; Intermediate Stability Chair</i>		
<b>Enhanced One-On-One Studio Bundle</b>	<b>ST-01091</b>	<b>17,749.00</b>
includes 1 each: Cadillac, V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair with Handles, Arc Barrel, Ladder Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
<b>Pilates Rehab Studio 1 – Matwork &amp; Reformer</b>	<b>ST-11001</b>	<b>10,374.00</b>
includes 1 each: V2 Max Plus Rehab Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Jumpboard, Rotational Diskboard, Ankle Straps, Arc Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
<b>Pilates Rehab Studio 2 – Cadillac, Chair &amp; Barrel</b>	<b>ST-11002</b>	<b>9,749.00</b>
includes 1 each: Cadillac Trapeze Table, Split-Pedal Stability Chair with Handles, Ladder Barrel, Spine Supporter, Spine Corrector, pair 12" Rotational Disks		
<b>Rehab One-On-One Studio Bundle</b>	<b>ST-11045</b>	<b>13,436.00</b>
includes 1 each: Rehab V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Split-Pedal Stability Chair, Ladder Barrel, Arc Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
<b>Rehab Enhanced One-On-One Studio Bundle</b>	<b>ST-11046</b>	<b>17,749.00</b>
includes 1 each: Rehab V2 Max Plus Reformer, Mat Converter, Padded Platform Extender, Reformer Box, Maple Roll-Up Pole, Cadillac Trapeze Table, Split-Pedal Stability Chair, Ladder Barrel, Arc Barrel, 2 DVDs: <i>Essential Reformer</i> 3rd Ed., <i>Athletic Conditioning on the V2 Max Plus Reformer, Level 1, 2nd Ed.</i>		
<b>Split-Pedal Stability Chair Bundle</b>	<b>ST-01089</b>	<b>2,499.00</b>
includes 1 each: Split-Pedal Stability Chair with Handles, Reformer Box, Padded Platform Extender, <i>Essential &amp; Intermediate Stability Chair</i> DVD, 2nd Ed., <i>Athletic Conditioning on the Stability Chair</i> DVD		
<b>Ladder Barrel Bundle</b>	<b>ST-01088</b>	<b>2,374.00</b>
includes 1 each: Ladder Barrel, Padded Platform Extender, Maple Roll-Up Pole, Gripper Mat, <i>Complete Barrel Repertoire</i> DVD		
<b>Rehab Accessory Bundle</b>	<b>ST-06075</b>	<b>699.00</b>
includes 4 each: 1lb Toning Ball; 2 each: Fitness Circle Lite, Foam Roller Deluxe, 65 cm Stability Ball, Flex-Band, Mini Stability Ball, Rotational Disks, Stability Cushion; 1 each: Foam Cushions A, B & C, Gripper Mat, Eco-Friendly Pilates Pad		
<b>Studio Accessories Kit</b>	<b>ST-06146</b>	<b>345.00</b>
includes 1 each: Foam Cushions A, B & C, Gripper Mat, Foam Grip Handles (Pair); Soft Reformer Double Loop Straps (Pair); Ankle Straps (Pair)		
<b>24" Reformer Accessory Collection* – V2 Max™/Rehab V2 Max™</b>	<b>ST-11040</b>	<b>1,249.00</b>
includes 1 each: Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle		
<b>22" Reformer Accessory Collection* – SPX®/SPX™ Max™</b>	<b>ST-11041</b>	<b>1,249.00</b>
includes 1 each: Cardio-Tramp™ Rebounder, Cross-Bow™, Large Jumpboard, Vinyasa Triangle		
<b>Pilates Essentials Kit</b>	<b>DC-85187</b>	<b>250.00</b>
includes 1 each: fitness Circle Pro 14 inch (blue), Toning Ball Two-Pack - 2lbs, Stability Cushion - Small (green), Foam Roller Deluxe - 36 inch (purple), Mini Stability Ball - Small (blue), Flex-Band 2-pack (Regular & Extra-Strength), Eco-Friendly Pilates Pad		

## Light Equipment

	CAT#	CDNS
<b>Stability Cushion</b>		
Stability Cushion 14" diameter	GREEN ST-06071	36.00
Stability Cushion 14" diameter – Retail Packaging	CHARCOAL ST-06235	39.99
Stability Cushion 20" diameter	BLUE ST-06110	55.00
<b>Balance Pad</b>		
Half Size [pair]	CHARCOAL ST-06244	87.99
Large [single]	CHARCOAL ST-06243	87.99
<b>Bean Bag</b>		
3 lb	ST-06001	75.00
<b>BOSU® Balance Trainers</b>		
BOSU Pro Balance Trainer – with pump	ST-06176	214.99
<b>Gripper Mats, Rubber Pads &amp; Foam Cushions</b>		
Gripper Mat	ST-02022	6.25
Eco-Friendly Pilates Pad	BLUE ST-02101	32.50
Foam Cushion A	W 6" x L 9" x H 1" BLACK ST-06004	38.00
B	W 6" x L 9" x H 3" BLACK ST-06003	44.00
C	W 10" x L 13" x H 2-1/2" BLACK ST-06005	62.50
Oval Foam Cushion – Small	BLUE ST-06114	38.00
– Medium	BLUE ST-06113	50.00
<b>Halo® Trainer Plus</b>		
Halo Trainer Plus	ST-02208	144.00
– with Stability Ball & Pump	ST-02209	194.00
– with Stability Ball & Pump [retail]	ST-06205	193.99
– 6 pack*	ST-11047	950.00
Stability Ball, 55 cm	GRAY ST-06157	49.99
<b>Halo® Trainer Plus 4</b>		
Halo Trainer Plus 4	ST-02219	181.00
– with Stability Ball & Pump	ST-02223	225.00
– 6 pack*	ST-11066	1,106.00
<b>Pilates Edge™</b>		
Pilates Edge	ST-06044	325.00
– with <i>Essential &amp; Intermediate Pilates Edge</i> DVDs	ENG/SP DC-80328	354.99
<b>Rotational Disks</b>		
10" [pair]	ST-06024	225.00
12" [pair]	ST-06002	225.00
19" [single]	ST-06039	194.00
<b>Roll-Up Poles</b>		
3/4 lb, Maple	ST-06008	26.00
2 lb, Metal	ST-06006	39.00
4 lb, Metal	ST-06007	39.00
Weighted Bar	ST-02115	44.00
<b>Circles</b>	CAT#	CDNS
<b>Fitness Circle® Resistance Ring</b>		
Fitness Circle Pro, 12" diameter	BLACK ST-06023	80.00
with <i>Fitness Circle DVD Series, 3 DVDs</i>	ENG DV-80315	105.99
	PURPLE ST-02100	80.00
Fitness Circle Pro, 14" diameter	BLACK ST-06000	80.00
with <i>Fitness Circle DVD Series, 3 DVDs</i>	ENG DV-80316	105.99
	BLUE ST-02099	80.00
in Retail Wrap	BLUE ST-06090	79.99
Fitness Circle Lite, 14" diameter	BLACK ST-06031	43.99
in Retail Wrap	BLACK ST-06072	43.99
with <i>Fitness Circle DVD Series</i>	ENG DV-80318	79.99
<b>Fitness Circle Lite Kit</b>	ENG/FR DV-82115	55.99
includes 1 each: Fitness Circle Lite and <i>Fitness Circle Flow</i> DVD		
Fitness Circle Flex	BLUE ST-06189	24.99
	ORANGE ST-06190	24.99
Fitness Circle Toning Rings, 2 pack	LIME ST-06201	46.99
	RED ST-06227	46.99
<b>Tensegri-Teach</b>	CAT#	CDNS
Tensegri-Teach 6-Dowel	WHITE ST-06281	37.99
Tensegri-Teach Pelvis	ST-06282	68.99

\*Net price as shown. No further discounts apply.

CDN Dollars. Plus applicable taxes. Prices subject to change without notice.

## Mats

### Platform Mat

	CAT#	CDNS
Platform Mat	ST-01009	580.00
Split Platform Mat	ST-02021	580.00
Platform Mat with 2 Small Boxes	ST-01007	713.00
Bracketed Wooden Dowel System	ST-01005	250.00
Platform Mat Strap	ST-02181	97.50
Small Boxes [pair]	ST-06009	225.00

### Deluxe Pilates Mat

Deluxe Pilates Mat	MIDNIGHT BLUE	ST-02176	95.00
	GRAPHITE	ST-02173	95.00
Deluxe Pilates Mat with Grommets	GRAPHITE	ST-02188	100.00
Hanger [for Mats with Grommets]	WOOD HANGER	ST-02190	66.00
	SILVER HANGER	ST-02210	66.00
6 pack, Mat with Grommets & Hanger	WOOD HANGER	ST-11033	600.00
	SILVER HANGER	ST-11051	600.00
Airex Coronella 200 Mat	TERRA BROWN	ST-02192	174.99
	GRAPHITE	ST-02070	174.99
Athletic Conditioning Mat XL (PER), 10 mm	TEAL <b>NEW</b>	ST-02216	95.00
Athletic Conditioning Mat XL with Grommets (PER), 10 mm	TEAL <b>NEW</b>	ST-06254	95.00

### Eco-Deluxe Mat™ for Pilates & Yoga

Eco-Deluxe Mat	BLUE/BLACK	ST-02079	113.00
with strap, in Retail Wrap	RASPBERRY/BLACK	ST-02082	119.99
	BLUE/BLACK	ST-02080	119.99

### Eco-Friendly Mat™ for Pilates & Yoga

single color	BLACK	ST-02193	49.99
	EGGPLANT	ST-02194	49.99
	MONACO BLUE	ST-02195	49.99

### Eco Mats for Kids

	PIXEL THE ROBOT, AQUA	ST-02200	35.99
	FUNKY MONKEYS, GREEN	ST-02201	35.99
	SUPER STARBRIGHT, RED	ST-02202	35.99
	FUNSHINE, ORANGE	ST-02203	35.99
	TRIPLE SUNDG, PURPLE	ST-02204	35.99
	BEE HAPPY, YELLOW	ST-02205	35.99
	ALIGNMENT, GREEN	ST-02214	35.99

<b>Kids Mat &amp; Bag Combo 1</b>	RED BAG, YELLOW MAT	DC-85190	68.99
includes 1 each: Kids Mat Bag, Bee Happy Eco Mat for Kids			

<b>Kids Mat &amp; Bag Combo 2</b>	ORANGE BAG, AQUA MAT	DC-85191	68.99
includes 1 each: Kids Mat Bag, Pixel the Robot Eco Mat for Kids			

### Natural Rubber Mat

Supreme Traction Mat	BLACK	ST-02198	124.99
Natural Rubber	BLACK	ST-02005	124.99
Natural Rubber & Jute Mat	BLACK	ST-02164	124.99

### Pilates Express™ Mat

Pilates Express Mat	DEEP VIOLET	ST-02129	48.99
	STONE	ST-02128	48.99
	SAPPHIRE <b>NEW</b>	ST-02141	48.99
	MINT GREEN <b>NEW</b>	ST-06286	48.99
CORE™ Express Mat	BLACK	ST-02154	48.99
– XL	BLACK	ST-02217	60.99

### Pilates & Yoga Mat

<b>Pilates for Beginners Kit, 2nd Edition</b>	GP-85136	59.99
includes 1 each: Pilates & Yoga Mat (teal), Flex-Band, regular-strength (green), and 2 DVDs: <i>Basic Pilates 2nd Ed.</i> , <i>Total Body Sculpting</i>		

Pilates & Yoga Mat	INSPIRATION, TEAL	ST-02197	37.99
	MANDALA, BLUE	ST-02185	37.99
	ELEPHANT, GRAY <b>NEW</b>	ST-06261	37.99
	AZTEC, PURPLE <b>NEW</b>	ST-06262	37.99
	PINEAPPLES, GREEN <b>NEW</b>	ST-06275	37.99
	ANCHOR, BLUE <b>NEW</b>	ST-06276	37.99
Pilates & Yoga Mat – XL	GRAY / PURPLE	ST-02212	49.99
	GRAY / BLUE	ST-02213	49.99

### Yoga Mat

Hot Yoga Mat	PURPLE	ST-02089	53.99
	GREEN	ST-02090	53.99
Hot Yoga Plus™ Mat	BLUE/GRAY	ST-02091	65.99
Eco Yoga Mat	MAROON/CHARCOAL	ST-02199	74.99

### Travel Mat

Folding Travel Mat (PER), 2 mm [retail]	GRAY	ST-06283	49.99
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## Bags & Straps

### Mat Bags

	CAT#	CDNS	
Mat Bag, Duffel-Style	RED/GRAY	ST-06163	49.99
	BLACK/GRAY	ST-06164	49.99
Pilates & Yoga Canvas Mat Bag	BLACK	ST-06159	62.99
	RED	ST-06160	62.99
	BLUE	ST-06165	62.99
Mat Bag for Kids	ORANGE	ST-06199	34.99
	RED	ST-06200	34.99
	BLUE	ST-06202	34.99

### Mat Straps

Mat Strap, Sling	BLACK	ST-06172	18.99
	NATURAL	ST-06173	18.99
Deluxe Mat Strap	GRAY	ST-06184	29.99
	WINE	ST-06185	29.99
Mat Strap Plus	GRAY	ST-06214	18.99

## Balls

	CAT#	CDNS	
Air Balance Ball™ 10" with pump	RED	ST-06117	18.99
Fascia Hydration Balls, 3 pack		ST-06258	19.99

### Medicine Ball

4 lb	PURPLE	ST-06094	62.99
6 lb	BLUE	ST-06095	68.99
8 lb	GREEN	ST-06096	74.99
10 lb	RED	ST-06097	79.99

### Mini Stability Ball™ sold individually

Extra Small, 5"	RED	ST-06215	15.99
Small, 7.5"	BLUE	ST-06045	15.99
– in Retail Box	BLUE	ST-06216	15.99
Medium, 10"	LIME	ST-06115	15.99
– in Retail Box	LIME	ST-06217	15.99
Large, 12"	ORANGE	ST-06116	15.99
– in Retail Box	ORANGE	ST-06218	15.99
7.5", solid foam, firm density	BLUE	ST-06188	29.99
<b>Mini Stability Ball™ Kit</b>	ENG/FR	GP-85111	29.99

includes 1 each: Mini Stability Ball and *Mini Stability Ball Workout DVD*

### Stability Ball™

45 cm Stability Ball for Kids, with pump	LIME	ST-06212	31.99
– in Retail Box	LIME	ST-06224	31.99
55 cm Stability Ball with pump	BLUE	ST-06034	48.99
	BLACK	ST-06206	48.99
with <i>Stability Ball DVD Series</i>	ENG   BLUE	DV-80309	102.99
65 cm Stability Ball with pump	GREEN	ST-06033	49.99
	SILVER	ST-06207	49.99
with <i>Stability Ball DVD Series</i>	ENG   GREEN	DV-80310	104.99
75 cm Stability Ball with pump	PURPLE	ST-06049	55.99
	GRAY	ST-06208	55.99
with <i>Stability Ball DVD Series</i>	ENG   PURPLE	DC-80353	108.99
Stability Ball Pump		ST-06038	4.99
Stability Ball Base	BLACK	ST-06223	31.99
Stability Ball with Base Bundle [75 cm]	<b>NEW</b>	DC-85217	111.99

<b>Stability Ball Plus Kit</b> includes 1 each: <i>Core Balance DVD</i> , Stability Ball and pump			
55 cm	ENG/FR	DV-82306	54.99
65 cm	ENG/FR	DV-82305	55.99
75 cm	ENG/FR	GP-85120	60.99

### Toning Ball™ sold individually

1 lb – 10 cm	PURPLE	ST-06037	17.99
2 lb – 10 cm	BLUE	ST-06035	18.99
2 lb – 10 cm	PINK	ST-06047	18.99
3 lb – 10 cm	GREEN	ST-06036	19.99

<b>Toning Ball™ 2 pack</b> with retail packaging			
1 lb – 10 cm	ORANGE	ST-06052	34.99
2 lb – 10 cm	LEMON	ST-06053	37.99

<b>Toning Ball Kit</b>	ENG/FR	DV-85113	48.99
includes 1 each: pair 1 lb Toning Balls and <i>Amazing Tone DVD</i>			

<b>Twist Ball</b>			
6 lb	PURPLE	ST-06234	87.99

## Bands & Tubing

		CAT#	CDNS
<b>Flex-Band® Exerciser</b>			
Flex-Band	REGULAR-STRENGTH, GREEN	ST-06021	8.99
	EXTRA-STRENGTH, BLUE	ST-06022	9.99
<b>Non-Latex Flex-Band</b>			
	LIGHT-STRENGTH, ORANGE	ST-06058	10.99
	REGULAR-STRENGTH, LEMON	ST-06059	12.99
	EXTRA-STRENGTH, LIME	ST-06060	13.99
Flex-Band Rolls, 24 m	REGULAR-STRENGTH, GREEN	ST-06170	99.99
	EXTRA-STRENGTH, BLUE	ST-06171	119.99
Non-Latex Flex-Band Rolls, 24 m	REGULAR-STRENGTH, LEMON <b>NEW</b>	ST-06287	126.99
	EXTRA-STRENGTH, LIME <b>NEW</b>	ST-06288	144.99
Flex-Band Handles [pair]	BLACK	ST-06043	20.99
<b>Flex-Band 2 pack</b>		ST-02033	18.99
includes 1 each: regular (green) & extra-strength (blue) Flex-Bands and bonus Easy Start poster			
<b>Non-Latex Flex-Band 3 pack</b>		GP-85134	42.99
includes 1 each: light (orange), regular (lemon) & extra-strength (lime) non-latex Flex-Bands and <i>Ultimate Body Sculpting</i> DVD			
<b>Non-Latex Flex-Band 12 pack</b>		MS-91436	149.99
includes 4 each: light (orange), regular (lemon) & extra-strength (lime) non-latex Flex-Bands in a counter display merchandiser			
<b>Resistance Loop Band</b>			
Regular	RED	ST-06193	17.99
Light	YELLOW <b>NEW</b>	ST-06284	17.99
<b>Strength Tubing™</b>			
Core	REGULAR-STRENGTH, RED	ST-06119	23.99
	EXTRA-STRENGTH, BLUE	ST-06120	24.99
Ankle – Small Cuff	LIGHT-STRENGTH, ORANGE	ST-06124	18.99
	REGULAR-STRENGTH, LEMON	ST-06125	19.99
	EXTRA-STRENGTH, LIME	ST-06126	20.99

## Weights combined weight shown

		CAT#	CDNS
<b>Mini Handweights</b>			
.5 kg / 1.1 lb [pair]	PINK	ST-06103	25.99
.75 kg / 1.65 lb [pair]	PURPLE	ST-06104	29.99
1 kg / 2.2 lb [pair]	GREEN	ST-06105	33.99
1.25 kg / 2.75 lb [pair]	BLUE	ST-06106	37.99

## Soft Dumbbells

.5 kg / 1.1 lb [pair]	ORANGE	ST-06107	25.99
.75 kg / 1.65 lb [pair]	LEMON	ST-06108	29.99
1 kg / 2.2 lb [pair]	LIME	ST-06109	33.99

## Soft Kettlebells Plus

4 kg / 10 lb [pair]	BLACK / RED	ST-06220	49.99
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## Bottles

		CAT#	CDNS
Stainless Steel Vacuum Bottle, 600 ml	BLACK	ST-06241	43.99

## Hoops

		CAT#	CDNS
Weighted Exercise Hoop, 100 cm	1.2 kg/2.64 lb, ORANGE	ST-06154	49.99
	90 cm, Junior .75 kg/1.65 lb, GREEN	ST-06155	44.99

## Kids

		CAT#	CDNS
Flying Foam Disk, 2 pack	YELLOW / BLUE	ST-06191	24.99
	PURPLE / LIME	ST-06219	24.99
Play & Exercise Kit for Kids	PURPLE <b>NEW</b>	GP-85137	54.99

## Active Sitting

		CAT#	CDNS
Balance & Therapy Wedge	BLACK	ST-06213	44.99
Balance & Therapy Wedge for Kids	PURPLE	ST-06226	37.99
Sitting Cushion	BLACK	ST-06242	39.99

## Massage Accessories

		CAT#	CDNS	
acuBall®, Mini	BLUE	ST-06237	29.99	
	Large	BLUE	ST-06238	43.99
acuBack™	BLUE	ST-06239	55.99	
acuPad®, set of 2	BLUE	ST-06240	79.99	
Balance Dome, 2 pack	RED	ST-06192	24.99	
Flex and Therapy Bar	<b>NEW</b>	ST-06270	30.99	
Flex Massage Stick	GREEN/BLACK	ST-06183	29.99	
Massage Ball, Small, 7 cm [pair]	RED	ST-06099	17.99	
	GREEN	ST-06249	17.99	
	YELLOW	ST-06251	17.99	
	Large, 10 cm [single]	RED	ST-06098	12.99
	GREEN	ST-06248	12.99	
	YELLOW	ST-06250	12.99	
	Combo 2 pack – 1 each 7 cm, 10 cm	RED	ST-06233	17.99
Peanut Massage Ball, 2 pack	RED	ST-06195	24.99	
Peanut Ball, Large with pump	RED	ST-06263	22.99	
Total Body Roller	GREEN/BLACK	ST-06260	62.99	
Twistable Massage Roller [pair]		ST-06264	32.99	
Weighted Massage Roller, 2 pack (250 g/pc)	BLUE	ST-06181	24.99	
NEEDLEROLLER™		ST-06290	62.99	

## Rollers

		CAT#	CDNS
Fascia ReleaZer®	<b>NEW</b>	ST-06277	249.99
Deep ReleaZer®		ST-06269	58.99
Rollga® Genesis	SILVER	ST-06278	49.99
Inflatable Body Roller 35" with pump	BLUE	ST-06180	56.99

## Massage Point Roller

15"	BLACK	ST-06161	62.99
24", Two-in-One	BLACK	ST-06162	87.99

## Foam Roller™ Deluxe includes bonus Easy Start poster

36", Full	PURPLE	ST-06041	59.99	
	with <i>Pilates on a Roll</i> DVD   ENG	DV-80329	68.99	
	BLACK	ST-06091	59.99	
	ORANGE	ST-06177	59.99	
	LIME GREEN	ST-06196	59.99	
24", Medium	BLACK	ST-06092	49.99	
	ORANGE	ST-06178	49.99	
	LIME GREEN	ST-06197	49.99	
18", Short	BLACK	ST-06093	44.99	
	ORANGE	ST-06179	44.99	
	LIME GREEN	ST-06198	44.99	
36", Half Round	PURPLE	ST-06070	45.99	
Soft Density, 36", Full	BLUE	ST-06169	62.99	
	36", Half Round	BLUE	ST-06252	49.99
	18", Short	BLUE	ST-06203	44.99

## Sport Towels

		CAT#	CDNS
Conditioning Towel	SAGE GREEN	ST-06136	24.99
	WINE	ST-06137	24.99
Microfiber Towel Deluxe, 26.5" X 72"	SAGE GREEN	ST-06135	49.99

## Yoga Accessories

		CAT#	CDNS
Yoga Block, 4" x 6" x 9"	GRAY	ST-06259	22.99
Yoga Block for Kids	GREEN	ST-06211	24.99
	ORANGE	ST-06225	24.99
Yoga Strap	BLACK	ST-06132	14.99

## Agility Tools

		CAT#	CDNS
Agility Disks, set of 24 w/ base	RED, YELLOW, BLUE, ORANGE	ST-06230	30.99
Agility Hoops, set of 12 w/ carry bag	RED, YELLOW, BLUE, ORANGE	ST-06232	37.99
Agility Ladder, w/ mesh carry bag	ORANGE	ST-06229	41.99
Collapsible Training Cones, set of 6	ORANGE	ST-06231	18.99
Reaction Ball, 2 pack	RED	ST-06222	14.99

## Fascia

		CAT#	CDNS
Fascia Movement Materials - Deluxe		DC-85215	595.00
Fascia Movement Materials - Essential		DC-85216	360.00

## DVDs: STOTT PILATES® At Home

	CAT#	CDNS
<b>STOTT PILATES Workout System</b>	ENG DV-82330	74.99
includes 1 each: regular (green) and extra-strength (blue) Flex-Band,		
4 DVDs: <i>Basic Pilates, 2nd Ed., Firm &amp; Fit, Total Body Sculpting, The Secret to Flat Abs</i>		

### Matwork-Based, Difficulty Level 1

<i>Basic Pilates 2nd ed. / Pilates de base</i>	ENG/FRE DV-84132	19.95
<i>The Secret to Flat Abs I</i> <i>Le secret pour avoir des abdominaux plats</i>	ENG/FRE DV-84075	19.95
<i>Pain-Free Posture</i>	ENG DV-80089	19.95
<i>Relaxation Workout</i>	ENG DV-81197	19.95
<i>Standing Tall</i>	ENG DV-81190	19.95
<i>Sunrise Workout / Séance matinale</i>	ENG/FRE DV-84095	13.95
<i>The Secret to Weight Loss – Vol. 1 I</i> <i>Le secret pour perdre du poids 1</i>	ENG/FRE DV-84108	19.95
<i>Walk On to Total I Marche vers la forme totale</i>	ENG/FRE DV-84111	19.95

### Matwork-Based, Difficulty Level 2

<i>Firm &amp; Fit I Ferme et en forme</i>	ENG/FRE DV-84076	19.95
<i>Power Paced Pilates I Pilates à allure puissante</i>	ENG/FRE DV-84107	19.95
<i>Revive Workout</i>	ENG DV-80096	19.95
<i>Simple Stretches</i>	ENG DV-80082	19.95
<i>The Secret to Toned Arms, Buns &amp; Thighs I</i> <i>Le secret pour tonifier les bras, le postérieur, les cuisses</i>	ENG/FRE DV-84110	19.95
<i>The Secret to Weight Loss – Vol. 2 I</i> <i>Le secret pour perdre du poids 2</i>	ENG/FRE DV-84109	19.95
<i>Walk On to Weight Loss I Marche vers la perte de poids</i>	ENG/FRE DV-84112	19.95
<i>Morning Mobilizer for Strength &amp; Agility</i>	ENG DV-81215	19.95
<i>Matwork Flow Conditioning Sequence Workout</i>	ENG DV-81229	19.95
<i>Basic Pilates, Vol. 2</i>	ENG DV-81230	19.95

### Matwork-Based, Difficulty Level 3

<i>Core Challenge I Puissance au centre</i>	ENG/FRE DV-84177	19.95
<i>Pure Vitality</i>	ENG DV-81183	19.95
<i>Intense Body Blast: Pilates Interval Training, Level 1</i>	ENG DV-81217	19.95

### Matwork-Based, Difficulty Level 4

<i>Body &amp; Soul</i>	ENG DV-81184	19.95
<i>Strong &amp; Streamlined I Fort et affiné</i>	ENG/FRE DV-84178	19.95
<i>Intense Body Blast: Pilates Interval Training, Level 2</i>	ENG DV-81218	19.95

### Matwork-Based, Difficulty Level 5

<i>Intense Body Blast: Pilates Interval Training, Level 3</i>	ENG DV-81219	19.95
<i>Extreme Pilates: Strength &amp; Agility on the Mat</i>	ENG DV-81238	19.95
<i>Weight Loss Circuit Training, Level 3</i>	ENG DV-81222	19.95

### Matwork & Props, Difficulty Level 1

<i>Pilates with Props – Vol. 1 I Pilates avec accessoires 1</i>	ENG/FRE DV-84134	19.95
<i>The Secret to a Strong Back I Le secret pour un dos forte</i>	ENG/FRE DV-84121	19.95
<i>Pilates Towel Workout for Strength &amp; Mobility</i>	ENG DV-81216	19.95

### Matwork & Props, Difficulty Level 2

<i>Fitness Circle Flow I Enchaînements avec le Fitness Circle</i>	ENG/FRE DV-84115	13.95
<i>Mini Stability Ball Workout [formerly Mini Flex-Ball] I</i> <i>Entraînement avec le Mini Stability Ball</i>	ENG/FRE DV-84131	19.95
<i>Pilates with Props – Vol. 2 I Pilates avec accessoires 2</i>	ENG/FRE DV-84135	19.95
<i>Total Body Toning I Tonus total du corps</i>	ENG/FRE DV-84119	13.95
<i>Essential Matwork on Stability Cushions™</i>	ENG DV-81232	44.95

### Matwork & Props, Difficulty Level 3

<i>Amazing Tone I Tonus formidable</i>	ENG/FRE DV-84113	19.95
<i>Core Balance I Balance au centre</i>	ENG/FRE DV-84191	13.95
<i>Dynamic Balance</i>	ENG DV-81192	19.95
<i>Essential BOSU</i>	ENG DV-81198	19.95
<i>Fitness Circle Challenge</i>	ENG DV-81181	19.95
<i>Foam Roller Challenge</i>	ENG/SPA DV-81143	19.95
<i>Matwork Flow with Weights</i>	ENG DV-81239	19.95
<i>Pilates for Men I Pilates pour hommes</i>	ENG/FRE DV-84137	19.95
<i>Pilates on a Roll</i>	ENG DV-81100	19.95
<i>Power Paced Fitness Circle I Fitness Circle énergisant</i>	ENG/FRE DV-84118	19.95
<i>Precision &amp; Control Pilates with the Fitness Circle®</i>	ENG DV-81236	19.95
<i>Strength &amp; Endurance: Matwork with Props</i>	ENG DV-81234	19.95
<i>Toning Ball Workout</i>	ENG DV-81114	19.95
<i>Total Body Sculpting I Sculpture totale du corps</i>	ENG/FRE DV-84179	19.95
<i>Ultimate Body Sculpting I Sculpture ultime du corps</i>	ENG/FRE DV-84180	19.95
<i>Weight Loss Circuit Training with Props, Level 1</i>	ENG DV-81220	19.95

### Matwork & Props, Difficulty Level 4

<i>3-D Balance</i>	ENG DV-81193	19.95
<i>Athletic Conditioning on Stability Cushions™</i>	ENG DV-81233	44.95
<i>Intermediate BOSU</i>	ENG DV-81199	19.95
<i>Intense Sculpting Challenge I Défi intensif : Sculpter</i>	ENG/FRE DV-84123	19.95
<i>Stability Ball Challenge I Défi sur ballon de Stabilité</i>	ENG/FRE DV-84133	19.95
<i>Strength &amp; Agility: Pilates with the Medicine Ball</i>	ENG DV-81225	19.95
<i>Weight Loss Circuit Training with Props, Level 2</i>	ENG DV-81221	19.95

### Matwork & Props, Difficulty Level 5

<i>Superior Balance [formerly Ultimate Balance]</i>	ENG DV-81194	19.95
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### Equipment-Based, Difficulty Level 1

<i>At Home Reformer Workout I</i> <i>Entraînement sur Reformer au foyer</i>	ENG/FRE DV-84116	44.95
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### Equipment-Based, Difficulty Level 2

<i>Pilates Reformer Challenge with Platform &amp; Pole I</i> <i>Défi Reformer De Pilates avec Plateforme et Bâton</i>	ENG/FRE DV-84213	44.95
<i>Bounce &amp; Burn Weight-Loss with Reformer &amp; Cardio-Tramp™ I</i> <i>Bondir et Brûler Perte de Poids avec le Reformer et le Trampoline Cardio-Tramp</i>	ENG/FRE DV-84214	44.95
<i>Stability Barre™ Training, Level 1</i>	ENG DV-81256	44.95
<i>Stability Barre™ Training with Reformer &amp; Cardio-Tramp™ Rebounder</i>	ENG DV-81250	44.95
<i>STOTT PILATES® on the Tower Trainer™</i>	ENG DV-81255	57.95

### Equipment-Based, Difficulty Level 3

<i>Cardio &amp; Core on the Mini-Tramp™ I</i> <i>Entraînement du centre et cardio sur le Mini-Tramp</i>	ENG/FRE DV-84136	19.95
<i>Intensive Reformer Challenge with Platform &amp; Pole</i>	ENG DV-81246	44.95
<i>Pilates Reformer Challenge with Fitness Circle®</i>	ENG DV-81244	44.95
<i>Stability Barre™ Training, Level 2</i>	ENG DV-81262	44.95
<i>Strength &amp; Conditioning on Jumpboard &amp; Reformer</i>	ENG DV-81245	44.95
<i>Power &amp; Agility: Reformer Intervals on the Cardio-Tramp™</i>	ENG DV-81247	44.95
<i>Athletic Conditioning on the Reformer, Level 3</i>	ENG DV-81248	44.95

### Equipment-Based, Difficulty Level 4

<i>Arc Barrel Challenge: Flex &amp; Extend</i>	ENG DV-81237	44.95
<i>Athletic Conditioning on the Cardio-Tramp™</i> <i>Rebounder &amp; Reformer</i>	ENG DV-81243	44.95
<i>Bounce &amp; Tone: Jumping Intervals with Reformer Boards</i>	ENG DV-81242	44.95
<i>Athletic Conditioning on the Reformer, Level 4</i>	ENG DV-81249	44.95
<i>Athletic Conditioning on V2 Max Plus™ Reformer*, Level 2</i>	ENG DV-81252	62.95

### Equipment-Based, Difficulty Level 5

<i>Athletic Conditioning on the Stability Chair™, Level 2</i>	ENG DV-81253	44.95
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### Rehab & Specialty, Difficulty Level 1

<i>Armchair Pilates</i>	ENG DV-80086	19.95
<i>Armchair Pilates Plus</i>	ENG DV-80087	19.95
<i>Dynamic Armchair Pilates™ I Pilates dynamique sur chaise</i>	ENG/FRE DV-84120	19.95
<i>Fitness Fun: Pilates for Kids</i>	ENG DV-80085	19.95
<i>Pilates for Breast Cancer Rehabilitation I</i> <i>Pilates pour réhabilitation après un cancer du sein</i>	ENG/FRE DV-84122	19.95
<i>Prenatal Pilates on the Mat I Pilates Prénatal sur tapis</i>	ENG/FRE DV-84129	19.95
<i>Prenatal Pilates on the Ball I Pilates Prénatal sur le ballon</i>	ENG/FRE DV-84126	19.95
<i>Post-Natal Pilates I Pilates Postnatal</i>	ENG/FRE DV-84128	19.95
<i>Essential Warm Up &amp; Conditioning for Golfers</i>	ENG DV-81231	19.95
<i>Armchair Pilates™ with Handweights</i>	ENG DV-81257	19.95

### Rehab & Specialty, Difficulty Level 2

<i>Pilates on the Green – Level 1 I Pilates sur le vert, Niveau 1</i>	ENG/FRE DV-84124	19.95
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### Rehab & Specialty, Difficulty Level 3

<i>Pilates on the Green – Level 2 I Pilates sur le vert, Niveau 2</i>	ENG/FRE DV-84125	19.95
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## DVDs: CORE Athletic Conditioning & Performance Training

### Mat-Based & Props, Difficulty Level 3

<i>Balance &amp; Strength on the Stability Cushion™</i>	ENG DV-81226	44.95
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### Mat-Based & Props, Difficulty Level 4

<i>Athletic Conditioning with the Fitness Circle®</i>	ENG DV-81235	19.95
<i>Power &amp; Stamina: Medicine Ball Interval Training, Vol 1</i>	ENG DV-81223	19.95

### Mat-Based & Props, Difficulty Level 5

<i>Total Body Tone with Tubing: Lower Body &amp; Core</i>	ENG DV-81228	19.95
<i>Total Body Tone with Tubing: Upper Body &amp; Core</i>	ENG DV-81227	19.95
<i>Power &amp; Stamina: Medicine Ball Interval Training, Vol 2</i>	ENG DV-81224	19.95

## DVDs: ZEN•GA mindful movement

	CAT#	CDNS
<b>Mat-Based, Difficulty Level 2</b>		
ZEN•GA™ FLOW	ENG DV-81258	19.95
<b>Mat-Based &amp; Props, Difficulty Level 1</b>		
Mini Stability Ball™, Breathing & Muscular Release	ENG DV-81240	19.95
<b>Mat-Based &amp; Props, Difficulty Level 2</b>		
ZEN•GA™ FLOW with the Mini Stability Ball™	ENG DV-81241	19.95
<b>Mat-Based &amp; Props, Difficulty Level 4</b>		
ZEN•GA™ Power & Strength	ENG DV-81259	19.95
<b>Equipment-Based, Difficulty Level 3</b>		
V2 Vinyasa Yoga on the V2 Max Plus™ Reformer*, Level 1	ENG DV-81260	62.95
<b>Equipment-Based, Difficulty Level 4</b>		
V2 Vinyasa Yoga on the V2 Max Plus™ Reformer*, Level 2	ENG DV-81261	62.95

## DVDs: STOTT PILATES® Professional Titles

	CAT#	CDNS
<b>Matwork Series</b>		
Essential Matwork 3rd Ed.	SIX LANGUAGES DV-81147	57.95
Intermediate Matwork 3rd Ed.	SIX LANGUAGES DV-81148	57.95
Advanced Matwork 3rd Ed.	SIX LANGUAGES DV-81149	57.95
<b>Buy the series and save</b>	<b>DV-81171</b>	<b>149.95</b>
<b>Reformer Series</b>		
Essential Reformer 3rd Ed. – 2 Disc Set	SIX LANGUAGES DV-81152	62.95
Intermediate Reformer 2nd Ed. – 2 Disc Set	SIX LANGUAGES DV-81153	62.95
Advanced Reformer 2nd Ed.	SIX LANGUAGES DV-81154	62.95
<b>Buy the series and save</b>	<b>DV-81172</b>	<b>169.95</b>
Reformer Workout for Men	ENG/SPA DV-81167	44.95
Group Reformer Workout	ENG DV-81117	44.95
<b>V2 Max Plus™ Reformer* Series</b>		
V2 Max Plus Programming	SIX LANGUAGES DV-81168	62.95
Athletic Conditioning on V2 Max Plus™ Reformer*, Level 1, 2nd Ed.	ENG DV-81251	62.95
<b>Cadillac Series</b>		
Essential Cadillac 2nd Ed.	SIX LANGUAGES DV-81139	62.95
Intermediate Cadillac 2nd Ed.	SIX LANGUAGES DV-81140	62.95
Advanced Cadillac 2nd Ed.	SIX LANGUAGES DV-81141	62.95
<b>Buy the series and save</b>	<b>DV-81174</b>	<b>174.95</b>
<b>Stability Chair™ Series</b>		
Essential & Intermediate Stability Chair 2nd Ed.	SIX LANGUAGES DV-81160	99.95
Advanced Stability Chair	SIX LANGUAGES DV-81161	62.95
<b>Buy the series and save</b>	<b>DV-81201</b>	<b>149.95</b>
Group Stability Chair	ENG/SPA DV-81162	44.95
<b>Barrel Series</b>		
Complete Barrel Repertoire 2nd Ed.	SIX LANGUAGES DV-81138	124.95
<b>Post-Rehabilitation Series</b>		
Spinal, Pelvic & Scapular Stabilization: on Equipment	ENG/SPA DV-81155	74.95
Spinal, Pelvic & Scapular Stabilization: on Reformer with Vertical Frame	ENG/SPA DV-81156	74.95
Peripheral Joint Stabilization: on Equipment	ENG/SPA DV-81157	74.95
Peripheral Joint Stabilization: on Reformer with Vertical Frame	ENG/SPA DV-81158	74.95
<b>Buy the series and save</b>	<b>DV-80033</b>	<b>249.95</b>
Back Care Repertoire	ENG DV-81145	74.95
<b>Cancer Rehab Series</b>		
Breast Cancer Rehab on Equipment	ENG/SPA DV-81142	62.95
<b>Golf Series</b>		
Golf Conditioning on the Reformer	ENG/SPA DV-81144	44.95
<b>Pilates Edge™ Series</b>		
Essential Pilates Edge	ENG/SPA DV-81150	44.95
Intermediate Pilates Edge	ENG/SPA DV-81151	44.95
<b>Pre/Post-Natal Series</b>		
Prenatal Pilates on Equipment	ENG/SPA DV-81146	44.95
<b>Spring Wall™ Series</b>		
Pilates Off the Wall	ENG/SPA DV-81159	44.95
<b>Strength &amp; Agility Series</b>		
Athletic Conditioning on the Pilates Edge	ENG/SPA DV-81166	44.95
Athletic Conditioning on the Reformer	ENG/SPA DV-81164	44.95

Athletic Conditioning on the Stability Chair	ENG/SPA DV-81163	44.95
Jumpboard Interval Training	ENG/SPA DV-81165	44.95
Rotational Disks	ENG/SPA DV-81170	44.95

Multilingual DVDs: Where indicated as SIX LANGUAGES, DVDs include soundtrack in ENGLISH, FRENCH, SPANISH, ITALIAN, PORTUGUESE & GERMAN.



## Apparel

	CAT#	CDNS
Medallion Crop Legging with pockets [black] (Coming Soon)	XS AP-60048	118.99
	S AP-60049	118.99
	M AP-60050	118.99
	L AP-60051	118.99
Signature Crop Legging with pockets [black] (Coming Soon)	XL AP-60052	118.99
	XS AP-60053	118.99
	S AP-60054	118.99
Medallion Crop Legging [gray stripe] (Coming Soon)	M AP-60055	118.99
	L AP-60056	118.99
	XL AP-60057	118.99
	XS AP-60058	118.99
	S AP-60059	118.99
Active Tank [pink] (Coming Soon)	M AP-60060	118.99
	L AP-60061	118.99
	XL AP-60062	118.99
	XS AP-60063	30.99
Active Tank [purple] (Coming Soon)	S AP-60064	30.99
	M AP-60065	30.99
	L AP-60066	30.99
	XL AP-60067	30.99
Messenger Leggings	XS AP-60068	30.99
	S AP-60069	30.99
	M AP-60070	30.99
	L AP-60071	30.99
	XL AP-60072	30.99
Signature Jackets	NEW XS AP-60038	126.99
	NEW S AP-60039	126.99
	NEW M AP-60040	126.99
	NEW L AP-60041	126.99
	NEW XL AP-60042	126.99
Signature Jackets	NEW XS AP-60043	143.99
	NEW S AP-60044	143.99
	NEW M AP-60045	143.99
	NEW L AP-60046	143.99
	NEW XL AP-60047	143.99

## Boxed DVD Sets – STOTT PILATES® At Home

	CAT#	CDNS
<b>Two-Packs</b>		
<b>Pilates for Golf</b> 2 DVD Set includes: <i>Pilates on the Green, Levels 1 &amp; 2</i>	DV-81209	31.95
<b>Pilates-Infused® Yoga</b> 2 DVD Set includes: <i>Pure Vitality, Body &amp; Soul</i>	DV-81210	31.95
<b>Pilates on the Stability Ball®</b> 2 DVD Set includes: <i>Dynamic Balance, 3-D Balance</i>	DV-81212	31.95
<b>Prenatal Pilates</b> 2 DVD Set includes: <i>Prenatal Pilates on the Mat, Prenatal Pilates on the Ball</i>	DV-81211	31.95
<b>Strong &amp; Healthy Back</b> 2 DVD Set includes: <i>Standing Tall, The Secret to a Strong Back</i>	DV-81208	31.95
<b>Walking for Your Heart</b> 2 DVD Set includes: <i>Walk on to Total Fitness, Walk on to Weight Loss</i>	DV-81207	31.95

	CAT#	CDNS
<b>Three-Packs</b>		
<b>Express Series</b> 3 DVD Set includes: <i>Basic Pilates, 2nd Ed., Sunrise Workout, Revive Workout</i>	DV-81204	44.95
<b>Intense Body Blast</b> 3 DVD Set includes: <i>Intense Body Blast, Levels 1, 2 &amp; 3</i>	DV-81213	44.95
<b>Power Paced Pilates</b> 3 DVD Set includes: <i>Power Paced Pilates, Core Challenge, The Secret to Flat Abs</i>	DV-81205	44.95
<b>Pre/Post-Natal</b> 3 DVD Set includes: <i>Prenatal Pilates on the Mat, Prenatal Pilates on the Ball, Post-Natal Pilates</i>	DV-81206	44.95
<b>Weight Loss</b> 3 DVD Set includes: <i>Walk On to Weight Loss, The Secret to Weight Loss, Volumes 1 &amp; 2</i>	DV-81203	44.95

DVDs are Region Code 0 and play worldwide.

## Music CDs

<i>Energize</i>	CD-09502	13.95
<i>Rejuvenate</i>	CD-09501	13.95

## Gift Baskets

Agility	GP-85207	149.99
Kids	GP-85209	129.99



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CDN Dollars. Plus applicable taxes. Prices subject to change without notice.