



Anatomy Training

	US\$
Functional Anatomy Course – FA	785.00
*10% discount applied when bundled with an Intensive Program course	
Anatomy Review Workshop	330.00

Certification Programs

	US\$
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STOTT PILATES®

Intensive Program – Level 1

Intensive Mat-Plus™ – IMP	1,205.00
– Module 1 – IMP1	785.00
– Module 2 – IMP2	500.00
Intensive Reformer – IR	1,730.00
– Module 1 – IR1	1,050.00
– Module 2 – IR2	785.00
Intensive Cadillac, Chair & Barrels – ICCB	1,730.00
Intensive Cadillac – ICAD	945.00
Intensive Chair – ICHR	575.00
Intensive Barrels – IBRL	395.00
Intensive Mat-Plus & Reformer – IMP, IR	2,625.00
Intensive Mat-Plus, Reformer, Cadillac, Chair & Barrels – IMP, IR, ICCB	3,935.00

Save with course bundles

Full Intensive Certification – IMP, IR, ICCB, FAR, ISP	6,090.00
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Comprehensive Program – Level 1

Comprehensive Matwork & Reformer – CMR	2,890.00
Comprehensive Cadillac, Chair & Barrels – CCCB	1,520.00

Save with course bundles

Full Comprehensive Certification – CMR, CCCB, AM, AR, ACCB, ISP	5,720.00
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Injuries & Special Populations Program

Injuries & Special Populations – ISP	1,205.00
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Advanced Program – Level 2

Advanced Matwork – AM	235.00
Advanced Reformer – AR	710.00
Advanced Cadillac, Chair & Barrels – ACCB	500.00
Advanced Cadillac – ACAD	235.00
Advanced Stability Chair™ – ACHR	185.00
Advanced Barrels – ABRL	185.00

Save with course bundles

Full Advanced Repertoire – FAR [includes AM, AR, ACCB]	1,260.00
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Rehabilitation Program

	US\$
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STOTT PILATES® REHAB

Rehab Matwork – RM	1,325.00
Spinal, Pelvic & Scapular Stabilization, Matwork – RM1	755.00
Peripheral Joint Stabilization, Matwork – RM2	755.00
Rehab Reformer – RR	1,325.00
Spinal, Pelvic & Scapular Stabilization, Reformer – RR1	755.00
Peripheral Joint Stabilization, Reformer – RR2	755.00
Rehab Matwork & Reformer – RMR	2,415.00
Rehab Cadillac, Chair & Barrels – RCCB	1,720.00
Spinal, Pelvic & Scapular Stabilization, Cadillac, Chair & Barrels – RCCB1	1,130.00
Peripheral Joint Stabilization, Cadillac, Chair & Barrels – RCCB2	780.00

Save with course bundles

Full Rehab Repertoire – FRR [includes RMR & RCCB]	3,935.00
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Exam Fees

	US\$
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STOTT PILATES®

Level 1 or Combined Levels 1 & 2

Matwork OR Reformer Exam	each	255.00
Matwork & Reformer Exam		285.00
Matwork, Reformer, Cadillac, Chair & Barrels Exam		375.00

Level 2

Advanced Matwork OR Advanced Reformer Exam	each	210.00
Advanced Matwork & Reformer Exam		210.00
Advanced Matwork, Reformer, Cadillac, Chair & Barrels Exam		210.00

Full Certification

Levels 1 & 2 Matwork, Reformer, Cadillac, Chair & Barrels + ISP Exam	375.00
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Rehabilitation

RM or RR or RMR1 exam	210.00
RMR1 + RMR2 exam	285.00
RMR1 + RCCB1 exam	285.00
RMR1 + RMR2 + RCCB1 exam	285.00
RMR1 + RMR2 + RCCB1 + RCCB2 exam (Full Rehab Certification)	285.00

Exam Retakes*

Practical component only	150.00
Written component only	130.00

Private Review Packages

Single Private Review Session	120.00
2 Private Review Sessions	220.00
3 Private Review Sessions	315.00
4 Private Review Sessions	400.00

Additional Private Sessions

Instructor Trainer Private Makeup Session	90.00
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Foundation Courses

	US\$
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ZEN•GA® Instructor Foundation Course Mat 1 – ZM1	350.00
ZEN•GA® Instructor Foundation Course Equipment 1 – ZE1	350.00
CORE™ Instructor Foundation Course – CA1	350.00
Total Barre® Instructor Foundation Course – TB1	350.00
Halo® Training Instructor Foundation Course, Level 1 – HT1	350.00
Halo® Training Instructor Foundation Course, Level 2 – HT2	350.00
Merrithew™ Fascial Movement Instructor Foundation Course – FM1	800.00

Continuing Education

	US\$
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STOTT PILATES® Workshops	55.00 per hour
ZEN•GA®, CORE™, Total Barre®, and Halo® Workshops	60.00 per hour

Course Packages – Required Materials

	CAT#	US\$
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Matwork, Level 1 – courses IMP, CMR

Matwork & Reformer Support Materials Book*	ST-08050	32.50
Mat-Plus™ Course Package – English	DV-80335	175.00
Mat-Plus™ Course Package – French	DV-80362	175.00
Mat-Plus™ Course Package – Chinese	DV-80366	185.00
Mat-Plus™ Course Package – German	DV-80364	185.00
Mat-Plus™ Course Package – Japanese	DV-80368	185.00
Mat-Plus™ Course Package – Spanish	DV-80360	185.00

Course Package Includes: 1 manual: *Comprehensive Matwork*; 4 DVDs: *Essential Matwork 3rd Ed*, *Intermediate Matwork 3rd Ed*, *Total Body Sculpting*, *Fitness Circle® Challenge*

Course Packages cont'd

Reformer – Level 1 – courses IR, CMR

Matwork & Reformer Support Materials Book*	ST-08050	32.50
Reformer Course Package – English	DV-80336	225.00
Reformer Course Package – French	DV-80363	225.00
Reformer Course Package – Chinese	DV-80367	250.00
Reformer Course Package – German	DV-80365	250.00
Reformer Course Package – Japanese	DV-80369	250.00
Reformer Course Package – Spanish	DV-80361	250.00

Course Package Includes: 2 manuals: *Essential Reformer, Intermediate Reformer*, 2 DVDs: *Essential Reformer 3rd Ed, Intermediate Reformer with BONUS modifications*

Matwork & Reformer, Level 1 – course CMR

Comprehensive Matwork & Reformer Course Package	DV-80358	425.00
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Course Package Includes: *Matwork & Reformer Support Materials Book, Mat-Plus™ Course Package, Reformer Course Package*

Cadillac, Chair & Barrels, Level 1 – courses ICCB, CCCB

CCB Course Package	DV-80355	475.00
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Course Package Includes: 6 manuals: *Essential Cadillac, Intermediate & Advanced Cadillac, Complete Stability Chair, Complete Arc Barrel, Complete Ladder Barrel, Complete Spine Corrector*, 4 DVDs: *Essential Cadillac, Intermediate Cadillac, Essential & Intermediate Stability Chair, Complete Barrel Repertoire*

ICAD Course Package 2 manuals, 2 DVDs	DV-80344	225.00
ICHR Course Package 1 manual, 1 DVD	DV-80357	105.00
IBRL Course Package 3 manuals, 1 DVD	DV-80352	195.00

Matwork, Level 2 – course AM

Advanced Matwork, 3rd Ed DVD	DV-81149	45.95
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Also required from Level 1: *Comprehensive Matwork* manual

Reformer, Level 2 – course AR

Advanced Reformer Course Package	DV-80359	125.00
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Course Package Includes: 1 manual: *Advanced Reformer*, 1 DVD: *Advanced Reformer 3rd Ed*

Cadillac, Chair & Barrels, Level 2 – course ACCB

Advanced Cadillac DVD	DV-81141	49.95
Advanced Stability Chair™ DVD	DV-81161	49.95

Also required from Level 1: entire package except *Essential Cadillac* manual, *Essential Cadillac* DVD, *Essential & Intermediate Stability Chair* DVD

Injuries & Special Populations – course ISP

ISP Course Package	DV-80356	280.00
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Course Package Includes: 2 manuals: *ISP Resource Guide, ISP Support Material*; 2 DVDs: *Back Care Repertoire; Spinal, Pelvic & Scapular Stabilization with Reformer & Vertical Frame*

Rehab Course Packages – Required Materials

Rehab Matwork, Module 1 – course RM1

RM1 Course Package	DV-80370	200.00
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Course Package Includes: 2 manuals: *RMR1 Support Material; Comprehensive Matwork*; 1 DVD: *Back Care Repertoire (DVD)*

Rehab Reformer, Module 1 – course RR1

RR1 Course Package	DV-80371	200.00
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Course Package Includes: 2 manuals: *RMR1 Support Material; Essential Reformer, 2nd Ed*; 1 DVD: *Spinal, Pelvic & Scapular Stabilization with Reformer & Vertical Frame*

Rehab Reformer, Module 2 – course RR2

RMR2 Course Package	DV-80349	160.00
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Course Package Includes: 1 manual: *RMR2 Support Material*; 1 DVD: *Peripheral Joint Stabilization with Reformer & Vertical Frame*

Rehab Matwork & Reformer, Module 1 – course RM1+RR1

RMR1 Course Package	DV-80347	290.00
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Course Package Includes: 3 manuals: *RMR1 Support Material; Comprehensive Matwork; Essential Reformer, 2nd Ed*; 2 DVDs: *Back Care Repertoire; Spinal, Pelvic & Scapular Stabilization with Reformer & Vertical Frame*

Rehab Cadillac, Chair & Barrel, Module 1 – course RCCB1

RCCB1 Course Package	DV-80348	340.00
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Course Package Includes: 6 manuals: *RCCB1 Support Material; Essential Cadillac 2nd Ed; Complete Stability Chair; Complete Arc Barrel; Complete Spine Corrector; Complete Ladder Barrel*; 1 DVD: *Spinal, Pelvic & Scapular Stabilization on Equipment*

Rehab Cadillac, Chair & Barrel, Module 2 – course RCCB2

RCCB2 Course Package	DV-80350	160.00
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Course Package Includes: 1 manual: *RCCB2 Support Material*; 1 DVD: *Peripheral Joint Stabilization on Equipment*



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merrithew.com

Educational Materials

Instructional Manuals – individually priced

	CAT#	US\$
Comprehensive Matwork – English	ST-08005	75.00
– Chinese	MN-29005	90.00
– French	MN-21005	75.00
– German	MN-28005	90.00
– Spanish	MN-26005	90.00
– Japanese	MN-23005	90.00
Essential Reformer – English	ST-08016	80.00
– Chinese	MN-29016	95.00
– French	MN-21016	80.00
– German	MN-28016	95.00
– Spanish	MN-26016	95.00
– Japanese	MN-23016	95.00
Intermediate Reformer – English	ST-08017	80.00
– Chinese	MN-29017	95.00
– French	MN-21017	80.00
– German	MN-28017	95.00
– Spanish	MN-26017	95.00
– Japanese	MN-23017	95.00
Advanced Reformer	ST-08058	95.00
Essential Cadillac	ST-08009	95.00
Intermediate & Advanced Cadillac	ST-08010	110.00
Complete Stability Chair	ST-08015	75.00
Complete Arc Barrel	MN-08065	47.50
Complete Ladder Barrel	ST-08012	47.50
Complete Spine Corrector	ST-08013	47.50
Total Barre™: The Foundation Manual	MN-08075	80.00

Resource Guides & Support Materials – individually priced

Injuries & Special Populations Resource Guide	ST-08056	95.00
Injuries & Special Populations Support Materials	MN-08064	105.00
Matwork & Reformer Support Materials Book – English	ST-08050	32.50
– Chinese	MN-29050	32.50
– German	MN-28050	32.50
RMR1 Rehab Matwork & Reformer Support Materials	MN-08060	130.00
RMR2 Rehab Matwork & Reformer Support Materials	MN-08062	120.00
RCCB1 Rehab Cadillac, Chair & Barrels Support Materials	MN-08061	120.00
RCCB2 Rehab Cadillac, Chair & Barrels Support Materials	MN-08063	120.00

Wall Chart Workout Posters

27" x 39", 12 titles, sold separately 29.00
Titles Include: *Essential Matwork, Intermediate Matwork, Advanced Matwork, Essential Reformer, Intermediate Reformer, Advanced Reformer, Essential Cadillac, Intermediate & Advanced Cadillac, Complete Stability Chair, Complete Arc Barrel, Complete Ladder Barrel, Complete Spine Corrector*

Additional Course Materials

Available at most book stores, these titles are recommended for all Comprehensive and Intensive courses.

- Trail Guide to the Body* – Andrew Biel
- Atlas of Anatomy* – Gilroy, MacPherson, Ross
- Anatomy Flash Cards* – Anne Gilroy
- Anatomy of Movement* – Blandine Germain

Book Today! educationadvisor@merrithew.com

*Note: The Matwork & Reformer Support Materials Book is required for two courses but only needs to be purchased once. Prices subject to change without notice.