### Anatomy Training

- **Functional Anatomy Course – FA**: 980.00
- **Anatomy Review Workshop**: 399.00

### Certification Programs

#### STOTT PILATES®

<table>
<thead>
<tr>
<th>Program</th>
<th>Price</th>
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<tbody>
<tr>
<td>Intensive Program – Level 1</td>
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<tr>
<td>Intensive Mat-Plus™ – IMP</td>
<td>1,500.00</td>
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<tr>
<td>- Module 1 – IMP1</td>
<td>980.00</td>
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<tr>
<td>- Module 2 – IMP2</td>
<td>625.00</td>
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<tr>
<td>Intensive Reformer – IR</td>
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<td>- Module 1 – IR1</td>
<td>1,310.00</td>
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<td>- Module 2 – IR2</td>
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<tr>
<td>Intensive Cadillac, Chair &amp; Barrels – ICCB</td>
<td>2,125.00</td>
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<td>Intensive Cadillac – ICAD</td>
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<td>Intensive Chair – ICHR</td>
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<td>Intensive Barrels – IBRL</td>
<td>495.00</td>
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<tr>
<td>Intensive Mat-Plus &amp; Reformer – IMP, IR</td>
<td>3,250.00</td>
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<tr>
<td>Intensive Reformer, Chair &amp; Barrels – IMP, IR, ICCB</td>
<td>4,890.00</td>
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<tr>
<td>Full Comprehensive Certification – IMP, IR, ICCB, FAR, ISP</td>
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<tr>
<td>Comprehensive Program – Level 1</td>
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<tr>
<td>Comprehensive Matwork &amp; Reformer – CMR</td>
<td>1,900.00</td>
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<tr>
<td>Comprehensive Cadillac, Chair &amp; Barrels – CCCB</td>
<td>7,150.00</td>
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### Injuries & Special Populations Program

- **Injuries & Special Populations – ISP**: 1,500.00

### Rehabilitation Program

#### STOTT PILATES® REHAB

<table>
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<tr>
<th>Program</th>
<th>Price</th>
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<tbody>
<tr>
<td>Rehab Matwork – RM</td>
<td>1,655.00</td>
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<tr>
<td>Spinal, Pelvic &amp; Scapular Stabilization, Matwork – RM1</td>
<td>945.00</td>
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<tr>
<td>Peripheral Joint Stabilization, Matwork – RM2</td>
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<tr>
<td>Rehab Reformer – RR</td>
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<tr>
<td>Spinal, Pelvic &amp; Scapular Stabilization, Reformer – RR1</td>
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<tr>
<td>Peripheral Joint Stabilization, Reformer – RR2</td>
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<tr>
<td>Rehab Matwork &amp; Reformer – RMR</td>
<td>3,020.00</td>
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<tr>
<td>Rehab Cadillac, Chair &amp; Barrels – RCCB</td>
<td>2,150.00</td>
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<tr>
<td>Spinal, Pelvic &amp; Scapular Stabilization, Cadillac, Chair &amp; Barrels – RCCB1</td>
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<tr>
<td>Peripheral Joint Stabilization, Cadillac, Chair &amp; Barrels – RCCB2</td>
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<tr>
<td>Full Rehab Repertoire – FRR (includes RMR &amp; RCCB)</td>
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### Exam Fees

<table>
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<th>Course</th>
<th>Price</th>
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<tr>
<td>Matwork OR Reformer Exam</td>
<td>320.00</td>
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<tr>
<td>Matwork &amp; Reformer Exam</td>
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<tr>
<td>Matwork, Reformer, Cadillac, Chair &amp; Barrels Exam</td>
<td>470.00</td>
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### Continuing Education

- **STOTT PILATES® Workshops**: 66.50 per hour
- **ZEN+GA®**, **CORE®**, **Total Barre®**, and **Halo® Workshops**: 72.00 per hour

### Course Packages – Required Materials

<table>
<thead>
<tr>
<th>CAT#</th>
<th>Price</th>
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<tbody>
<tr>
<td>Matwork, Level 1 courses IMP, CMR</td>
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</tr>
<tr>
<td>Matwork &amp; Reformer Support Materials Book*</td>
<td>ST-08050</td>
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<tr>
<td>Mat-Plus® Course Package – English</td>
<td>DV-80335</td>
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<tr>
<td>Mat-Plus® Course Package – French</td>
<td>DV-80362</td>
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<td>Mat-Plus® Course Package – Chinese</td>
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<td>Mat-Plus® Course Package – German</td>
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<td>Mat-Plus® Course Package – Japanese</td>
<td>DV-80368</td>
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<tr>
<td>Mat-Plus® Course Package – Spanish</td>
<td>DV-80360</td>
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</tbody>
</table>

*Course Package Includes: 1 manual. Comprehensive Matwork; 4 DVDs: Essential Matwork 3rd Ed, Intermediate Matwork 3rd Ed, Total Body Sculpting, Fitness Circle® Challenge
Course Packages cont’d

Reformer – Level 1 – courses IR, CMR
Matwork & Reformer Support Materials Book* ST-08050 40.00
Reformer Course Package – English DV-80336 280.00
Reformer Course Package – French DV-80363 280.00
Reformer Course Package – Spanish DV-80367 280.00
Reformer Course Package – German DV-80365 280.00
Reformer Course Package – Japanese DV-80369 280.00
Reformer Course Package – Spanish DV-80361 280.00

Matwork & Reformer, Level 1 – course CMR
Comprehensive Matwork & Reformer Course Package DV-80358 300.00
Course Package Includes: Matwork & Reformer Support Materials Book, Mat-Plus™ Course Package, Reformer Course Package

Cadillac, Chair & Barrels, Level 1 – courses ICCB, CCCB
CCB Course Package DV-80355 595.00
ICAD Course Package 2 manuals, 2 DVDs DV-80344 280.00
ICCR Course Package 1 manual, 1 DVD DV-80357 130.00
ICBL Course Package 3 manuals, 1 DVD DV-80352 245.00

Matwork, Level 2 – course AM
Advanced Matwork, 3rd Ed DVD DV-81149 57.95
Also required from Level 1: Comprehensive Matwork manual

Reformer, Level 2 – course AR
Advanced Reformer Course Package DV-80359 155.00
Course Package Includes: 1 manual: Advanced Reformer; 1 DVD: Advanced Reformer 3rd ed

Cadillac, Chair & Barrels, Level 2 – course ACCB
Advanced Cadillac DVD DV-81141 62.95
Advanced Stability Chair™ DVD DV-81161 62.95
Also required from Level 1: entire package except Essential Cadillac manual, Essential Cadillac DVD, Essential & Intermediate Stability Chair DVD

Injuries & Special Populations – course ISP
ISP Course Package DV-80356 350.00

Rehab Course Packages – Required Materials

Rehab Matwork, Module 1 – course RM1
RM1 Course Package DV-80370 250.00
Course Package Includes: 2 manuals: RMR1 Support Material, Comprehensive Matwork; 1 DVD: Back Care Repertoire (DVD)

Rehab Reformer, Module 1 – course RR1
RR1 Course Package DV-80371 250.00
Course Package Includes: 2 manuals: RMR1 Support Material, Essential Reformer, 2nd Ed; 1 DVD: Spinal, Pelvic & Scapular Stabilization with Reformer & Vertical Frame

Rehab Reformer, Module 2 – course RR2
RMR2 Course Package DV-80349 200.00
Course Package Includes: 1 manual: RMR2 Support Material; 1 DVD: Peripheral Joint Stabilization with Reformer & Vertical Frame

Rehab Matwork & Reformer, Module 1 – course RM1+RR1
RMR1 Course Package DV-80347 360.00
Course Package Includes: 3 manuals: RMR1 Support Material; Comprehensive Matwork; Essential Reformer, 2nd Ed; 2 DVDs: Back Care Repertoire, Spinal, Pelvic & Scapular Stabilization with Reformer & Vertical Frame

Rehab Cadillac, Chair & Barrel, Module 1 – course RCCB1
RCCB1 Course Package DV-80348 425.00
Course Package Includes: 6 manuals: RCCB1 Support Material; Essential Cadillac, 2nd Ed; Complete Stability Chair, Complete Arc Barrel, Complete Spine Corrector, Complete Ladder Barrel, 1 DVD: Spinal, Pelvic & Scapular Stabilization on Equipment

Rehab Cadillac, Chair & Barrel, Module 2 – course RCCB2
RCCB2 Course Package DV-80350 200.00
Course Package Includes: 1 manual: RCCB2 Support Material; 1 DVD: Peripheral Joint Stabilization on Equipment

Educational Materials

Instructional Manuals – individually priced

Comprehensive Matwork – English ST-0805 92.00
– Chinese MN-29005 110.00
– French MN-21005 92.00
– German MN-28005 110.00
– Spanish MN-26005 110.00
– Japanese MN-23005 110.00
Essential Reformer – English ST-08016 100.00
– Chinese MN-29016 120.00
– French MN-21016 100.00
– German MN-28016 120.00
– Spanish MN-26016 120.00
– Japanese MN-23016 120.00
Intermediate Reformer – English ST-08017 100.00
– Chinese MN-29017 120.00
– French MN-21017 100.00
– German MN-28017 120.00
– Spanish MN-26017 120.00
– Japanese MN-23017 120.00
Advanced Reformer ST-08058 120.00
Essential Cadillac ST-08009 120.00
Intermediate & Advanced Cadillac ST-08010 135.00
Complete Stability Chair ST-08015 92.00
Complete Arc Barrel MN-08065 60.00
Complete Ladder Barrel ST-08012 60.00
Complete Spine Corrector ST-08013 60.00
Total Barre™: The Foundation Manual MN-08075 100.00

Resource Guides & Support Materials – individually priced

Injuries & Special Populations Resource Guide ST-08056 120.00
Injuries & Special Populations Support Materials MN-08064 130.00
Matwork & Reformer Support Materials Book – English ST-08050 40.00
– Chinese MN-29050 40.00
– German MN-28050 40.00
RMR1 Rehab Matwork & Reformer Support Materials MN-08060 160.00
RMR2 Rehab Matwork & Reformer Support Materials MN-08062 150.00
RCCB1 Rehab Cadillac, Chair & Barrels Support Materials MN-08061 150.00
RCCB2 Rehab Cadillac, Chair & Barrels Support Materials MN-08063 150.00

Wall Chart Workout Posters
27” x 39”, 12 titles, sold separately 37.50

Additional Course Materials

Available at most book stores, these titles are recommended for all Comprehensive and Intensive courses.
Trail Guide to the Body – Andrew Biel
Atlas of Anatomy – Gilroy, MacPherson, Ross
Anatomy Flash Cards – Anne Gilroy
Anatomy of Movement – Blandine Calais-Germain

Book Today! educationadvisor@merrithew.com

*m: A Mattwork & Reformer Support Materials Book is required for two courses but only needs to be purchased once. Prices subject to change without notice.