

How to...Replace SPX Reformer Back End

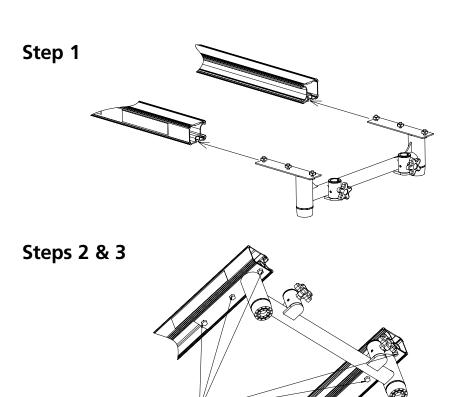
Step 1 CROSS TUBE SCREWS AND END PLATES Step 2 SPRING HOLDER Step 3 **HEX BOLTS** Step 4

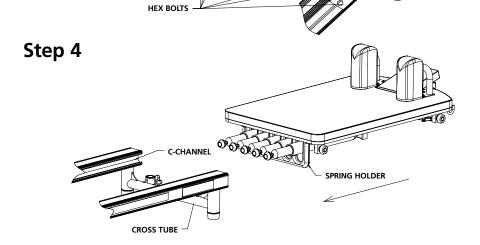
Before you start, please make sure that the Vertical Frame and Pulley Posts have been removed

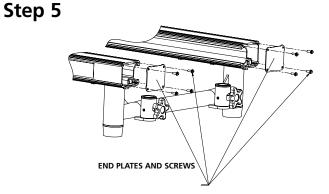
NOTE: This will require two people

Removal

- **1.** Unscrew eight (8) machined self-tapping screws and remove end plates at the end of the rails. SPX model only
- 2. Slide out and remove carriage.
- Detach all springs from gearbar
- Carefully slide carriage out completely free of rails
- Raise up the front end of carriage to have spring holder clear the cross tube
- Turn carriage over, ensuring rollers are secure and do not come in contact with the floor
- **3.** Loosen six (6) hex bolts (three per side) under aluminum rails.
- **4.** Slide out and remove back support end.







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Replacement

- **1.** Slide the back support end into the aluminum rails.
- **2.** Align the edges of the bottom plates of the back end with edges of the aluminum rails.
- **3.** Insert and tighten the six (6) hex bolts.
- **4.** Clean the c-channels with a damp cloth before sliding the carriage into the rails.

TO PREVENT DAMAGE:

This requires two people. Ensure the molded spring holder on the carriage underside does not come in contact with any rails or cross-tubing.

- Align fixed rollers with c-chanels, then adjust floating rollers as necessary before guiding carriage into rails
- Raise up the front end of carriage to have spring holder clear the cross tube
- **5.** Replace the back plates by inserting and tightening the eight (8) machined self-tapping screws.

